Resources for GSAS Families
# Table of Contents

Welcome 1

**Resources for Student Spouses and Partners** 2
   Dudley House Events 2
   Education and English Lessons 2
   Harvard International Office
      Family Visas 4
   Harvard Student Spouses and Partners Association 4
   Harvard Libraries 4
   Athletic Facilities 5
   Transportation—Shuttle Buses 5
   Thrive@Harvard 5

**Resources for Students with Children** 7
   Parental Accommodation and Financial Support 7
   Adoption Resources 7
   Family Housing Options—Harvard Housing 8
   Parent Organizations and Resources 9
   Lactation Support 10

**Child Care** 14
   General Resources 14
   Child Care Centers 16
   Occasional and Recurring Child Care 18

**Education** 19
   Day Care and Preschool Programs 19
   Public Elementary and Secondary Schools 20
   Charter Schools 22
   Private Schools 23

**Outside of School Programs** 23
   After-School Programs 23
   School Vacation Programs 24
   Church School 28

**Health and Wellness** 29
   Caring for Yourself 29
   Caring for Elders 30
Health Care and Insurance 31
Health Care Overview 31
Clinic Locations 31
Medical Emergencies 32
Primary Care/Internal Medicine 32
Health Insurance Overview 33
Dear Student,

We are delighted that you and your family have joined the Graduate School of Arts and Sciences (GSAS) community. We at GSAS celebrate that students live rich personal lives while pursuing graduate studies at Harvard University, and we want to provide you with the information you need to be happy, healthy, and successful in your many roles. *Resources for GSAS Families* details the Harvard and local community resources available for spouses, children, and elder members of your family, including library privileges, the Parental Accommodation and Financial Support (PAFS) program, child care centers, health services, and many more. We wish you success in your studies and life in the Boston area and are here to support you throughout your time at Harvard.

Sincerely,

Garth McCavana  
Dean for Student Affairs, GSAS

Questions? Contact the Office of Student Services at stuserv@fas.harvard.edu or 617-495-5005.
Resources for Student Spouses and Partners

★ Dudley House Events

**Dudley House/Lehman Hall**
Harvard Yard, Cambridge
dudley.harvard.edu
617-495-2255
dudhouse@fas.harvard.edu

Dudley House is the student center for GSAS students and a small community of Harvard undergraduates. Dudley offers intellectual, social, and recreational opportunities planned by the Dudley Fellows (GSAS student leaders) for all students affiliated with Dudley House, and spouses and partners are welcome to attend certain events.

◆ For information, contact the Dudley House office or visit their website to join the Dudley House mailing list.

★ Education and English Lessons

**Harvard Extension School**
51 Brattle Street, Cambridge
617-495-4024
extension.harvard.edu

Harvard Extension School is one of the 12 degree-granting schools at Harvard University. It is part of the Division of Continuing Education in the Faculty of Arts and Sciences. It offers over 800 courses, 20-plus degree fields, and nearly 40 certificates for both undergraduate and graduate students. Courses are taught by Harvard faculty, university scholars, and experienced industry professionals. The flexible, part-time courses are held in the evenings in Harvard Yard or online, featuring video lectures or live web conferences. Tuition fees apply.

**Harvard Summer School**
51 Brattle Street, Cambridge
617-495-4024
summer.harvard.edu

If you can’t make it during the school year, the Harvard Summer School, also part of the Division of Continuing Education in the Faculty of Arts and Sciences at Harvard University, provides an exciting and enlightening
environment for summer study. It offers over 300 courses in over 60 subjects taught by Harvard professors and visiting scholars during the day, evening, and online.

**Auditing or “Sitting in” on Courses at Harvard**

Spouse or partners of Harvard affiliates may audit regular lecture courses at Harvard, i.e. attend lectures not as part of a degree course, without receiving academic credit, at the discretion of the faculty member. Arrangements for auditing are very informal. Choose the course by first consulting the Harvard University course catalog at courses.harvard.edu. Attend the first lecture. After it is over, introduce yourself to the professor, explain your status at Harvard and ask that you be allowed to audit the course. This privilege does not apply to small seminars or language courses. Please note that, unlike at other Harvard schools, auditing courses at the Harvard Extension School or Harvard Summer School comes with a fee.

**Taking English Classes**

hio.harvard.edu/sites/hio.harvard.edu/files/HIOFiles/Documents/Boston_Area_ESL_2014.pdf

The Harvard International Office (HIO) has compiled a partial list of Boston-area English as a Second Language (ESL) programs that can help families make educated decisions about choosing a program that best suits their needs. Classes are offered at local colleges and universities, at adult education centers, and through private tutoring programs.

**Cambridge Center for Adult Education**

42 Brattle Street, Cambridge
617-547-6789
ccae.org

The Cambridge Center for Adult Education (CCAE) is a self-supporting non-profit organization providing community members with the opportunity to explore their passions and interests in small groups with other adults from all walks of life. It offers a broad variety of courses and workshops—from languages to dance and from cooking to computers—in an affordable, social setting with a non-competitive atmosphere.
Harvard International Office
hio.harvard.edu/harvard-spouse-resources
Richard A. and Susan F. Smith Campus Center, Room 864, 1350 Massachusetts Avenue, Cambridge 617-495-2789

The Harvard International Office (HIO) offers services to international students and scholars at Harvard, including those enrolled at GSAS, and provides information relevant to the spouses, partners, and children that may accompany them. On the HIO website, you can access information about available Harvard resources, spouse groups to join, and child care and schooling options.

Family Visas
hio.harvard.edu/family-visas

Spouses and unmarried children (under 21 years of age) of students or scholars coming to Harvard are eligible for dependent visa status. For more information, visit the Family Visa section of the HIO website.

Harvard Student Spouses and Partners Association
hsspa.harvard.edu
info@hsspa.harvard.edu

The Harvard Student Spouses and Partners Association (HSSPA) is a volunteer-run organization open to the spouses and partners of all Harvard students, postdocs, visiting fellows, and other affiliates. HSSPA is a way to make friends, find intellectual stimulation, and become a part of the Harvard Community. HSSPA welcomes spouses and partners of all Harvard affiliates regardless of their gender, race, age, nationality, and sexual orientation and has created a diverse group of spouses and partners that includes hundreds of people from all over the world. E-mail HSSPA to join and receive a weekly announcement about meetings.

Harvard Libraries
hcl.harvard.edu/info/admittance/#partner

The Harvard Library—the largest academic library in the world—includes 20.4 million volumes, 180,000 serial titles, an estimated 400 million manuscript items, 10 million photographs, 124 million archived web pages, and 5.4 terabytes of born-digital archives and manuscripts. Domestic partners and spouses of current Harvard University ID card holders (which include GSAS students) may apply for a Harvard College Library (HCL)
Special Borrowers Card valid for up to one year. The HCL Special Borrowers Card allows borrowing, stacks browsing, and reading room privileges at select libraries.

**Athletics Facilities**

recreation.gocrimson.com/recreation/membership/graduate

39 Holyoke Street, Cambridge
617-496-1585

GSAS students can purchase family memberships to Harvard athletics facilities for spouses, qualified domestic partners, and children by visiting the Athletic Membership Office, located on the first floor of the Malkin Athletic Center (MAC). Memberships are available for the full year (June 1–May 31), academic year (September 1–May 31), summer (June 1–August 31), fall semester (September 1–January 5), and spring semester (January 16–May 31). See the department of athletics website for pricing.

Note: This pass includes unlimited access to the MAC, Blodgett Pool, Hemenway Gymnasium, Quadrangle Recreational Athletic Center (QRAC), and the Murr Center Fitness Room. Extra fees apply for the use of squash and tennis courts, group exercise classes, towel service, and Blodgett locker rental. Guest passes can also be purchased.

**Transportation—Shuttle Buses**

transportation.harvard.edu

Harvard Shuttle Buses serve the Cambridge and Allston campuses. Students can view the Shuttle Tracker at shuttle.harvard.edu. The M2 Longwood Medical Shuttle takes students, faculty, and staff between Cambridge and Longwood Medical Area. Details at masco.org/directions/m2-cambridge-harvard-shuttle. Route information is also available through the free Harvard Mobile App. For information about daytime and evening van services, visit transportation.harvard.edu/shuttle-van-services.

**Thrive@Harvard**

Thrive@Harvard, an app for Harvard graduate students, features emergency contacts, health and wellness information, and other University resources available to students. It also contains useful information that students might want to access daily, such as lunch and dinner options at Dudley Café as well as academic and personal resources designed to support the graduate student journey.
Some features include:

**Campus Map:** Explore Harvard’s campuses with a map that includes University buildings

**Events:** View GSAS events and add them to your calendar

**Shuttle Tracker:** Access up to the minute information about shuttle schedules and delays

**Food:** Review meal choices at Dudley House and at Longwood Medical Area cafés

Thrive@Harvard is available for free download in the both the Apple App Store and Google Play. For more information, please e-mail the GSAS Office of Student Services.
Resources for Students with Children

**Parental Accommodation and Financial Support**
Students enrolled in PhD programs at GSAS are eligible for Parental Accommodation and Financial Support (PAFS) following the birth or adoption of a child. Those interested in learning more about the program should contact Lisa Simpson, assistant director of financial aid at GSASFamily@fas.harvard.edu at least four months in advance of the anticipated birth or adoption event to discuss the options available.

- Students are expected to notify advisors and directors of graduate studies at least four months in advance of the anticipated birth or adoption of a child, so that appropriate arrangements can be made to cover any teaching or research responsibilities.
- Eligible students receive from GSAS a one-time payment equal to two-fifths teaching for six weeks. This funding is intended to help with the additional expenses associated with the arrival of a new child.
- During the accommodation period, students may request time off from their duties up to 12 weeks. Students remain enrolled full-time during this period: loan repayment schedules, eligibility for University housing, and student visa status, if applicable, remain unchanged.
- Students receive academic accommodation during this period, including relief from academic requirements, such as postponement of exams and course requirements.
- Students funded by government grants or other external sources are entitled to benefits as determined by the funding agency. Students should contact their funding agency for more details.
- Students who take advantage of the PAFS Program are eligible for a departmental G-year adjustment of one year.

**Adoption Resources**
Several resources exist for students interested in growing their families through adoption. Below is a selection of local and national organizations that can help provide information and support.
Resources for GSAS Families

Massachusetts Adoption Resource Exchange
mareinc.org
800-882-1176

Robert F. Kennedy Children’s Adoption Corps
rfkchildren.org/acone
978-440-0422

National Adoption Center
adopt.org
1-800-TO-ADOPT

The National Council for Adoption
adoptioncouncil.org
703-299-6633

North American Council on Adoptable Children
nacac.org/parentgroups/database.html
651-644-3036

Child Welfare Information Gateway
childwelfare.gov
info@childwelfare.gov
800-394-3366

Adoptive Families Magazine
adoptivefamilies.com
800-372-3300

Family Housing Options—Harvard Housing
huhousing.harvard.edu
huhousing@harvard.edu
617-496-7827

Harvard University Housing (HUH) offers a broad range of housing and real estate services to the University’s graduate students, faculty, and employees. Applicants who apply between March 1 and May 1 with one or more children will receive preference in View and Select window assignments. Applicants who apply between May 2 and February 28 can select available apartments from the currently available section. For more information on applying to Harvard Housing please see huhousing.harvard.edu/apply.
Graduate Commons Program, Family Programming
www.huhousing.harvard.edu/residents/graduate-commons-program
graduatecommons@harvard.edu

For families living in Harvard Housing, family programmers plan fun, family-friendly events that take place throughout the year. To find out more about family events in your Graduate Commons Program group, please e-mail graduatecommons@harvard.edu.

▷ Parent Organizations and Resources

Harvard GSAS Student-Parents Organization
gsas.harvard.edu/student-life/harvard-resources/harvard-gsas-student-parents-organization
www.facebook.com/groups/harvardstudentparents
student_parents@fas.harvard.edu
Co-chairs David Romney, dromney@fas.harvard.edu
Blakely O’Connor, blakely@seas.harvard.edu

The Harvard GSAS Student-Parents Organization aims to enrich the academic experience and provide visibility and support for graduate student and postdoctoral fellow parents in GSAS. A robust support system for parents helps create a caring and nurturing environment for the entire Harvard community, encourages and makes possible a healthy work-life balance for student parents, and attracts a diverse, well-rounded, accomplished, and mature pool of graduate students. Our group advocates for increased institutional and financial support for parents, provides a community for Harvard graduate parents, and organizes child-friendly on-campus events.

The GSAS Student-Parents Organization also maintains a listserv that facilitates communication and organization among Harvard graduate student parents. Listserv members post helpful information, relevant questions, recommendations, items for sale, etc. Please visit lists.hcs.harvard.edu/mailman/listinfo/parentsgroup-list to subscribe.

Harvard Neighbors Infant and Toddler Playgroup
neighbors.harvard.edu/content/infant-toddler-playgroup
Group contact: Aileen Grunder
agrunder@gmail.com
617-495-4313

Harvard Neighbors, a volunteer and membership organization, offers an infant and toddler playgroup for families of Harvard affiliates. Expectant
parents are welcome as well.

Harvard Coop Kids Storytime & Craft (ages 7 & under)
store.thecoop.com/coop-kids
617-499-2000

The Coop for Kids has two story times during the week. On Tuesdays at 11:00 a.m., preschoolers are invited to hear a selection of engaging stories. New parents are encouraged to bring their babies along to join in the fun; it’s a great spot to meet other parents and make new friends. On Saturdays at 11:00 a.m., children under 7 can participate in the story and craft hour. Stories and crafts often tie in with seasonal themes. Refreshments (cookies and juice) are offered at both story times.

COOP for Kids events are held on the lower level of the Harvard Square Book Building and are free and open to the public.

Places to change a diaper in Cambridge/Harvard Square
- Ladies’ restroom in basement of Boylston Hall
- Ladies’ restroom in basement of the Memorial Church
- Ladies’ restroom in basement of Dudley House/Lehman Hall (does not have an actual changing table, but a wide counter in the locker room).
- Ladies’ restroom in Harkness Commons (Harvard Law School cafeteria)
- Ladies (2nd floor) and Men’s (3rd floor) restrooms in Longfellow Hall, Harvard Graduate School of Education
- Restroom in basement of Harvard Coop (ask clerk for key)
hsspa.harvard.edu/files/hsspa/files/stuff_for_kids_1.pdf

Lactation Support
hr.harvard.edu/parental-lactation-support
Harvard recognizes the importance and benefits of breastfeeding for mothers and their infants and maintains more than 20 lactation rooms throughout campus. Any Harvard-affiliated nursing mother (faculty, staff, student, breastfeeding spouse or partner) may register to use lactation rooms, which are also called mothers’ rooms.

LOCATIONS BY CAMPUS
Cambridge
114 Mount Auburn Street
Pump in room: Medela Symphony (one pump)
Contact: Natalie Beaumont-Smith, worklife@harvard.edu
Registration: hr.harvard.edu/files/humanresources/files/lactationroomregistration_114mtauburn.pdf

Instructions for use (including room location) will be emailed upon registration.

Richard A. and Susan F. Smith Campus Center
1350 Massachusetts Avenue
Contact: Natalie Beaumont-Smith, worklife@harvard.edu
Registration: hwpi.harvard.edu/files/humanresources/files/lactationroomregistration.pdf

Instructions for use (including exact location) will be e-mailed upon registration.

Observatory/Center for Astrophysics
60 Garden Street
Contact: Antonella Fruscione, 617-496-7851

Biolabs
16 Divinity Avenue
Contact: Renate Hellmiss, hellmiss@fas.harvard.edu (preferred) or 617-496-9159

Northwest Building
52 Oxford Street
Contact, Jesselynn Opie: jopie@fas.harvard.edu
Note: 24 hour notice needed for activation of HUID card for door access

CGIS/Knafel Building
1737 Cambridge Street
Contact: Bettina Burch, bburch@fas.harvard.edu (preferred) or 617-495-9114

Harvard Graduate School of Education
Longfellow Hall, 13 Appian Way
Contact: Andres Galindo, 617-495-8035
A special access ID card will be needed to access the room

Harvard John A. Paulson School of Engineering and Applied Sciences–South
20 University Road
Contact: Natalie Beaumont-Smith, 617-495-4100
Instructions (including exact location) will be e-mailed upon registration.
Please note: 24-hour notice needed for activation of HUID card for floor access
Harvard Law School
Areeda Hall
1545 Massachusetts Avenue, Room 121
Contact: Dean of Students Office, dos@law.harvard.edu (preferred) or 617-495-1880

Wasserstein Hall and Caspersen Student Center (WCC)
1585 Massachusetts Avenue, Room b003n
Contact: Dean of Students Office, dos@law.harvard.edu (preferred) or 617-495-1880

Harvard Kennedy School
Taubman Building, 79 John F. Kennedy Street
Contact: Natalie Beaumont-Smith, worklife@harvard.edu or 617-495-4100
Registration: hr.harvard.edu/files/humanresources/files/lactationroomregistration_hkstaubman.pdf

Widener Library
Ground Floor, Sage Café
Please bring your University ID to access the Library
Contact: Barbara Jump, jump@fas.harvard.edu or 617-496-9777

Harvard Divinity School
Andover Hall, 45 Francis Avenue
Contact: Dawn Hicks, 617-495-5673

Allston—Harvard Business School
Aldrich Hall
35 Harvard Way, Room 250
Contact: Operation Service Counter (Shad Hall), opsservicecounter@hbs.edu or 617-495-6814

Cumnook Hall
33 Harvard Way, Room 201A
Contact: Operation Service Counter (Shad Hall), opsservicecounter@hbs.edu or 617-495-6814

Teele Hall
60 North Harvard Street, Room 204
Contact: Agatha Babbitt, HBS Human Resources, 617-495-6115
Resources for Students with Children

**Longwood Medical Area**

*hms.harvard.edu/humanresources/worklife-harvard-longwood/mothers-rooms*

Contact: Human Resources Customer Service, 617-432-2035

**Harvard Medical School**

Gordon Hall
25 Shattuck Street, Room G002
The lactation room is located across from the elevator.

**Armenise Building**

210 Longwood Avenue, Room 130
The lactation room, which requires Harvard University ID card access, is located across from the elevator and adjacent to the restrooms.

Contact worklife@hsph.harvard.edu to gain access.

**Tosteson Medical Education Center (TMEC)**

260 Longwood Avenue, Room 444

**Harvard Institutes of Medicine (HIM)**

4 Blackfan Circle, 1 C 4
The HIM lactation room is accessible from the New Research Building, in the women’s room near the doors to HIM from Elements Café.

**New Research Building (NRB)**

77 Avenue Louis Pasteur, Department of Genetics, Room 229

**Department of Global Health and Social Medicine**

641 Huntington Avenue, Room 104

**Research & Education Building (REB)**

190 Longwood Avenue, Room 113 is located directly behind the security desk.

**Harvard School of Public Health**

Kresge
677 Huntington Avenue, Room G11 A and 201 B
Room G11 A is located on the ground floor across from the mailboxes and room 201 B is next to classroom 200.

**FXB**

651 Huntington Avenue, Room G 01
The lactation room in the FXB is located at the end of the hallway close to elevators.
90 Smith Street, 3rd Floor
Contact Tonya Hughes, thughes@hsph.harvard.edu, to sign-up on the online calendar.

**Landmark Center**
HMS/HSPH, Landmark
3rd Floor East, Room L3-027

The Landmark Center lactation room is located around to the right once you enter the suite. If you have a Harvard Medical School/Harvard University ID, please request clearance to the HSPH Landmark 3rd floor east suite from SPH Operations. Call 617-432-1152 or 617-432-1153, or email: operations@hsph.harvard.edu.

**Harvard Forest**
Shaler Hall
324 N. Main Street, Petersham
Contact: Kristina Stinson, 978-657-6184

**Child Care**

As a parent or guardian, finding quality child care is an important undertaking. Harvard University is committed to providing students and other affiliates with access to a wide array of child care options. Many organizations in the Cambridge-Boston area also exist to provide child care support. Below is a selection of resources designed to help you make an informed decision that is best for your family.

**General Resources**

Office of Work/Life
hr.harvard.edu/worklife
114 Mount Auburn Street, 4th Floor, Cambridge
617-495-4100
worklife@harvard.edu

The Office of Work/Life connects students with Harvard community resources and general information about child care, summer camps, after-school programs, and elementary schools.

Work/Life@Harvard Longwood
hms.harvard.edu/humanresources/worklife-harvard-longwood
90 Smith Street, Suite 143, Roxbury
617-432-1048
The Office of Work/Life on Harvard University Longwood Campus provides information and referrals on child care and parenting resources (including public school issues and elder care) and offers lunchtime presentations geared toward the concerns of parents. Visit their website at hms.harvard.edu/humanresources/worklife-harvard-longwood/child-care-information for more details.

**WATCH (Web Access to Care at Harvard)**

watch.harvard.edu

The WATCH portal connects student parents with providers of long- and short-term child care, including occasional babysitting.

**Cambridge Center for Families**

cambridgema.gov/DHSP/programsforfamilies/centerforfamilies.aspx

70 Rindge Avenue, c/o Peabody School, Cambridge

617-349-6385

Cambridge Center for Families offers families with children from birth to 8-years-old parenting education, support programs, and fun family events throughout the city.

**Cambridge Public Libraries**

cambridgema.gov/cpl.aspx

Main Branch: 449 Broadway, Cambridge

617-349-4040

The network of public libraries in Cambridge makes it easy to access vast resources and services. The Cambridge libraries offer programs designed for children, such as baby lapsitis, story times, sing-alongs (in English, Spanish, and Portuguese), film viewings, after school crafts, and LEGO® playtimes. For details, visit their website at www.cambridgema.gov/cpl/Kids.

**Early Childhood Resource Center (ECRC)**

cambridgema.gov/cpl/Services/earlychildhoodresourcecenter1.aspx

449 Broadway, Cambridge

617-349-4038 or 617-349-4409

The Early Childhood Resource Center (ECRC) is designed especially for parents, child care providers, and anyone who works with young children. Resource books, activity guides, DVDs, children’s books, and Kids on the
Block puppets are available for borrowing at no charge. The ECRC is brought to you by the Cambridge Public Library and the Massachusetts Department of Early Education and Care. For more information, please call the Main Library Children’s Room at 617-349-4038 or Children’s Services at 617-349-4409, or visit the ECRC website.

Child Care Centers

ON CAMPUS

Contact Information and Rates:
hr.harvard.edu/files/humanresources/files/ratecard.pdf
Map: hr.harvard.edu/files/humanresources/files/mapofcenters.pdf

Six nonprofit, independent child care centers are located on the Harvard campus. If you are interested in enrolling a child at a center, be sure to visit and apply as soon as possible, since places are limited. Contracts generally run from September through July, although mid-year slots open occasionally.

Botanic Gardens Children’s Center
botanic-gardens.org
26 Robinson Street, Cambridge
617-496-0595
bgccdirector@gmail.com
Director: Kathleen J. Smith
Associate Director: Casey Sexton

Harvard Yard Child Care Center
hyccc.org
25 Francis Avenue, Cambridge
617-547-3432
hycccdirector@gmail.com
Director: Paula Jarausch
Program Managers: Natacha Shillingford and Jessica Schwartz

Oxford Street Daycare Cooperative
oxfordstcoop.org
25 Francis Avenue, Cambridge
617-547-3175
directors@oxfordstcoop.org
Director: Kate Campbell
Assistant Director: Susan Clark
Peabody Terrace Children’s Center  
*childhood-ptcc.org*  
900 Memorial Drive, Cambridge  
617-496-9160  
*ptcc@fas.harvard.edu*  
Director: Katy Donovan  
Assistant Directors: Maura Sullivan and Debbie Tomsho

Radcliffe Child Care Centers, Inc.  
*radcliffecarecenters.org*  
10 DeWolfe Street, Cambridge  
617-495-3504  
*rccc@fas.harvard.edu*  
Director: Amy Abelli  
Assistant Director: Abby Schneier

Soldiers Field Park Children’s Center  
*sfpchildrenscenter.org*  
1 Soldiers Field Park, Box 101, Boston  
617-495-2680  
*sfpcc@fas.harvard.edu*  
Director: Melissa Chieppo  
Assistant Director: Debra Foster

**OFF CAMPUS**  
Many child care centers are located throughout the Cambridge-Boston area. The resources below can help you search for the proper care that best suits your family’s needs.

**Massachusetts Early Education & Child Care Programs**  
*[www.eec.state.ma.us/ChildCareSearch/EarlyEduMap.aspx](http://www.eec.state.ma.us/ChildCareSearch/EarlyEduMap.aspx)*

Child Care Circuit
careercircuit.org
1-800-660-2868

The nonprofit Child Care Circuit provides referrals, training, and parent and provider services in Massachusetts and nationwide, serving several towns near Harvard that include Arlington, Belmont, Medford, Newton, and Watertown.

Child Care Choices of Boston
careercircuit.org
105 Chauncy Street, 2nd Floor, Boston
617-542-5437

Find child care centers in the greater Boston area.

Occasional and Recurring Child Care
For parents or guardians looking for other forms of child care, including babysitters and nannies, soliciting referrals from colleagues and friends can help you identify qualified caregivers. You can also become an active member of WATCH (page 15), where you can obtain referrals from other parents. The Harvard International Office (page 4) and other campus offices post ads from babysitters on their bulletin boards, and you can join cooperative babysitting pools if you are living in a student housing area.

Several online resources also exist to help you access quality child care opportunities.

Care.com
care.com

Beginning in fall 2017, GSAS will subsidize Care.com membership and backup childcare for eligible students. Learn more at gsas.harvard.edu/caredotcom.

Care.com allows families to search for, vet, connect with, and ultimately select caregivers in a low-cost, reliable and easy way. The site helps parents identify babysitters, nannies, child care centers, family day care, camps, tutors, and special needs providers. Parents can also find help to cover sick days, school closings, and other times when last-minute child care is needed.

American Nanny Company
americanannycompany.com
617-244-5154

For parents who prefer in-home care, Harvard has a preferred vendor agreement with the American Nanny Company to provide nanny placement services.
Harvard Student Employment Office (SEO)
seo.harvard.edu
86 Brattle Street, Cambridge
617-495-2585
seoweb@fas.harvard.edu

Harvard’s Student Employment Office maintains a list of students interested in babysitting.

Career Resource Center at Lesley University
myinterfase.com/lesley/employer/home.aspx
29 Everett Street, Cambridge
617-349-8550 or crcjobs@lesley.edu

The Career Resource Center at Lesley University, a local institution, posts information on students interested in babysitting. Families register as employers and provide information such as name, address, and description. It is helpful to include home location distance to Lesley, whether your home is accessible to the public transportation system (the “T”), if your child has needs, if the caregiver will need a car, and any other details specific to your family. To register and post a job, visit myinterfase.com/lesley/employer/home.aspx.

Education
hio.harvard.edu/childcare-schooling

The Harvard International Office (HIO) has collected enrollment information for children in nursery, public, and private schools that is relevant to all GSAS students, regardless of country of origin.

Day Care and Preschool Programs
hio.harvard.edu/childcare-schooling

Nursery schools, also called preschools, provide early education for children aged two years and nine months to five-years-old. While some programs run for three hours each morning, variations exist among individual schools. Some include younger children, others provide two, three, or five-day enrollment options, and may offer extended afternoon schedules. Fees vary accordingly. Cooperative nursery schools may involve parents in day-to-day operations. All schools are licensed by the Commonwealth of Massachusetts and must meet building and health codes in the area where they are located. Nursery schools are often part of child care centers. See pages 16-17 for details on Harvard-affiliated centers and resources to find local nursery schools.
Public Elementary and Secondary Schools
hio.harvard.edu/childcare-schooling

All cities and towns in Massachusetts are required to provide public education starting with kindergarten, and each city and town has its own public school system for children aged 4 or 5 to 18 (check age of Kindergarten enrollment by location at www.doe.mass.edu/kindergarten/entry.aspx). By law, these schools are free for those who live in the community and that city or town is obliged to enroll your child in its school system, regardless of your nationality, the timing of your arrival, or the length of your stay. Depending on the city or town, the school year begins in late August or early September and continues through June. You must contact the local school department to inquire about the enrollment procedure. To register a child in school, parents will likely need proof of the child’s age (either a birth certificate or passport), current immunization records, and proof of local residency. These public schools are funded in large part by their own communities and are typically governed by local committees. Due to this local authority, there can be significant differences among school systems.

FINDING AND CHOOSING A SCHOOL
hr.harvard.edu/schools-and-after-school-programs
hio.harvard.edu/childcare-schooling

The Office of Work/Life and the Harvard International Office have put together lists of area public schools. When making this important decision, consider the school’s educational approach, age of admittance, class size, teacher-student ratios, parent participation requirements, special-needs program, bilingual programs, and deadline for applications and registration.

Massachusetts Department of Elementary & Secondary Education
www.doe.mass.edu
75 Pleasant Street, Malden
781-338-3000

CAMBRIDGE PUBLIC SCHOOLS
cpsd.us/home
Visit the Family Resource Center section of the website for details about Registration, Transfers, and Waitlists: www.cpsd.us/departments/frc
Cambridge Rindge and Latin School, 459 Broadway, First Floor, Cambridge
617-349-6551
The Cambridge public elementary school enrollment policy is not based on geographic location. It is designed to achieve a diversity of children in each school by balancing economic, racial, and ethnic backgrounds. Families indicate at least three choices of elementary schools when registering their children and are accepted at a chosen school if space is available. Twelve elementary schools serve children from kindergarten through grade 5, four upper schools comprise grades 6 through grade 8, and one high school goes from grade 9 through grade 12. The Family Resource Center (FRC) website, cpsd.us/departments/frc, provides details on the schools and registration policies.

BOSTON PUBLIC SCHOOLS
cityofboston.gov/residents/Education
bostonpublicschools.org
617-635-9000
The Boston Public Schools use a home-based school assignment plan for students in kindergarten through grade 8. This plan helps students attend quality schools, closer to home. High schools are citywide options for all students.

ADDITIONAL SCHOOL SYSTEMS
Other cities and towns have their own enrollment criteria, which can be accessed through their public school websites.

Arlington
arlington.k12.ma.us
781-316-3000

Belmont
belmont.k12.ma.us/bps
617-993-5400

Brookline
brookline.k12.ma.us
617-730-2401

Lexington
lps.lexingtonma.org
781-861-2580
Charter Schools
profiles.doe.mass.edu

Established by parents, teachers, or corporate or non-profit organizations, charter schools are designed to serve as centers of innovative and educational leadership. They are financially and administratively independent from any school district and are free and accessible to all school-age children on a space-available basis. Visit www.masscharterschools.org to learn more about how to evaluate and select a school for your child.

Massachusetts School Choice Program
www.doe.mass.edu/finance/schoolchoice/choice-guide.html
www.doe.mass.edu/finance/schoolchoice

The Massachusetts School Choice Program allows parents to send their children
to schools in communities other than the city or town in which they reside. Tuition is paid by the sending district to the receiving district. Districts may elect not to enroll school choice students if no space is available.

**Private Schools**

Many private primary and secondary schools are located in the Cambridge/Boston area. These schools develop their own mission and curriculum. Applications are usually submitted in the winter preceding fall enrollment, but space may be available at any given time. Tuition may range from $5,000 to $15,000 per year, and financial aid is often available.

**Association of Independent Schools of New England**

aisne.org
2 Granite Avenue, Suite 450, Milton
781-843-8440
info@aisne.org

Find an independent school that best fits your family’s values and the educational needs of your children.

**Religiously-Affiliated Private Schools**

privateschoolreview.com/state_religious_affi/stateid/MA

Over 300 religiously-affiliated private schools operate in Massachusetts, with several located near Harvard. The Private School Review provides tools that enable you to search by religious affiliation, providing further instructions on how to evaluate these educational institutions.

**Outside of School Programs**

**After-School Programs**

Many public schools and community organizations offer after-school programs. If you would like your child to attend a program based at her or his school, be sure to request information about this option at enrollment as spaces can be limited.

**FIND EARLY EDUCATION AND CHILD CARE PROGRAMS**

www.eec.state.ma.us/ChildCareSearch/EarlyEduMap.aspx

AFTER-SCHOOL PROGRAMS IN CAMBRIDGE

*cambridgema.gov/DHSP/ProgramsForKidsAndYouth/Afterschool.aspx*

Enrollment Coordinator: Chandra Green, 617-349-6254

Cambridge’s Department of Human Service Programs offers programs that run from the end of the school day until 5:55 p.m. They are also open during school vacation weeks and snow days. Visit the website to learn more about the programs, find out how to enroll, and download the after-school waitlist enrollment form.

Cambridge Public Library

*cambridgema.gov/cpl.aspx*

Main Branch: 449 Broadway, Cambridge
617-349-4040

Main Library Children’s Room, *cambridgema.gov/cpl/Kids.aspx*
The Teen Room, *cambridgema.gov/cpl/Teens.aspx*

Each branch of the Cambridge Public Library offers something special for kids including engaging regular programs, outstanding children’s books and materials, and a professional children’s librarian eager to help children, families, and teachers. The main branch offers activities and book groups for school-aged kids and maintains the Teen Room, a space reserved for those aged 12 to 18 and their guests. Find out more about the events and services available on the Cambridge Public Library website.

East End House

*eastendhouse.org/programs-and-services*
105 Spring Street, Cambridge
617-876-4444

East End House offers innovative programming for the Cambridge community, including after-school programs for elementary- and middle school-aged children.

School Vacation Programs

Several options exist to help you find child care during school vacation weeks and the summer months. Harvard and other institutions also offer weeklong and longer summer camp opportunities.
GENERAL CAMP INFORMATION
Cambridge Summer Resource Guide

The City of Cambridge Department of Human Service Programs offers summer camps and programs at various community schools and youth centers throughout the city, designed to provide children with new social opportunities, creative projects, educational and recreational field trips, and sporting activities in a safe, nurturing environment. The DHSP Summer Program Guide and other program details can be found at cambridgema.gov/~/media/Files/DHSP/Documents/SummerRG.pdf

Boston Navigator

Boston Navigator is a searchable database of over 1,500 opportunities and programs for young people in Boston outside of school hours. Browse programs, locate opportunities near you, and rate their quality through their website.

MIT: Summer Camp Guide

MIT’s Work-Life Center has collected articles and information designed to help parents make decisions about summer camps, including how to identify and evaluate options. You can also search an online database of day camps in the Boston area for children of all ages.

American Camp Association

The American Camp Association (ACA) is dedicated to ensuring the quality of camp programs. ACA accredits over 2,400 camps that must meet up to 300 standards for health, safety, and program quality. Visit the ACA website to search accredited camps by geography or interest area and access camp-related resources and information.
SELECTED OPPORTUNITIES AT HARVARD
Harvard Museum of Natural History
hmnh.harvard.edu
26 Oxford Street, Cambridge
617-495-3045
The Harvard Museum of Natural History offers both weekend and half-day science camps. These hands-on learning camps for various ages are taught by the museum’s professional educators. Registration is required.

Harvard Athletics Facilities
gocrimson.com/information/camps
Harvard coaches and their associates operate several privately-owned youth camps and clinics on the Harvard campus. Programs in nearly every sport are offered.

GREATER BOSTON AREA
Drumlin Farm Wildlife Sanctuary
massaudubon.org/get-outdoors/wildlife-sanctuaries/drumlin-farm
massaudubon.org/get-outdoors/wildlife-sanctuaries/drumlin-farm/summer-camp
208 South Great Road, Lincoln
781-259-2200
Massachusetts Audubon's Drumlin Farm is a working farm and wildlife sanctuary located within a short driving distance of Cambridge and Boston. The Drumlin Farm Summer Day Camp helps children develop an appreciation of nature, focusing on community, interdependence, and conservation. The camp is licensed by the state of Massachusetts and accredited by the American Camp Association.

Massachusetts College of Art and Design (MassArt)
massart.edu/Continuing_Education/Youth_Programs.html
621 Huntington Avenue, Boston
617-879-7000
The Massachusetts College of Art and Design (MassArt) is the nation’s first independent public college of art and design. MassArt believes in the importance of a quality arts education beginning with elementary school and offers affordable, diverse programs for students in grades 3 through 12 during the academic year and over the summer.
New Art Center in Newton  
newartcenter.org/art/education  
61 Washington Park, Newtonville  
617-964-3424

The New Art Center supports the development of visual artists and cultivates a community that appreciates art through hundreds of classes and workshops serving over 2,500 students. The center offers vacation programs for children and teens that provide students with the opportunity to try a variety of art mediums and develop new skills in a fun, safe, and supportive environment.

New School of Music  
newschoolofmusic.org/vacation-programs/summer-vacation  
25 Lowell Street, Cambridge  
617-492-8105  
info@newschoolofmusic.org

The New School of Music is a nonprofit community music school offering instruction at all levels from newborns through adults. The school runs many summer programs for children aged 6 to 14. Registration is required.

OTHER SCHOOL VACATION PROGRAMS
Many other school vacation programs exist in the Cambridge/Boston area. Below is a selection of local opportunities.

Arlington Children’s Theater  
act.arlington.ma.us  
41 Foster Street, Unit 5, Arlington  
949-295-2241  
info@act.arlington.ma.us

Arlington Center for the Arts  
acarts.org  
Gibbs Center, 41 Foster Street, Arlington  
781-648-6220

Boston University School Vacation Program  
bu.edu/fitrec/family-programs/school-vacation-programs  
915 Commonwealth Avenue, Boston
Brookline Center for the Arts
brooklineartscenter.com
86 Monmouth Street, Brookline
617-566-5715

Mass Audubon
massaudubon.org/learn/ecokids/vacation-week-programs

Museum of Fine Arts Boston
mfa.org/programs/kids-and-family-programs
Avenue of the Arts, 465 Huntington Avenue, Boston
617-267-9300

**CHURCH SCHOOL**

Church School for Children at the Memorial Church
The Memorial Church of Harvard University
1 Harvard Yard, Cambridge
617-495-5508
memorialchurch@harvard.edu

Church School at the Memorial Church provides a Christian community and guided learning to nurture the faith formation of children and young people ages 3 through 12th grade. Harvard students work closely with staff to facilitate enriching lessons each week and to organize family events. Church School meets on Sunday mornings throughout the academic year. For more information and to register, please visit the memorial church website: memorialchurch.harvard.edu/church-school-children.
Caring for Yourself

Being a parent or guardian can be an intense experience, with everyday family tasks often taking time away from basic individual needs. In order to have the energy to care for your family, you need to make sure that you are also taking care of yourself. GSAS offices are here to help connect you to the best resources, no matter what the issue.

GSAS Office of Student Services
B-2 Dudley House/Lehman Hall, 1 Harvard Yard, Cambridge
gsas.harvard.edu/student-life/harvard-resources/gsas-student-services
617-495-5005
stuserv@fas.harvard.edu
Jacqueline Yun, Director of Student Services

In her role as director of student services, Jacqueline (Jackie) Yun is the go-to person for GSAS students. Jackie assists students who are having academic or personal difficulty, and she helps students navigate and connect with Harvard resources. Jackie also serves as a Title IX coordinator for GSAS and is available to anyone who might have questions or concerns regarding gender-based discrimination or sexual harassment. She serves in an advisory role, provides ongoing support, and makes referrals to other sources of assistance as necessary. Whatever the issue, the Office of Student Services is a great place to start. The Office of Student Services is also responsible for various aspects of GSAS Orientation, International Student Orientation, and other community events, as well as supporting of Graduate Student Groups (GSGs) and Departmental Graduate Student Organizations (DGSOs).

GSAS Office of Student Affairs
1350 Massachusetts Avenue, Richard A. and Susan F. Smith Campus Center Suite 350, Cambridge
gsas.harvard.edu/current_students/current_students.php
617-495-1816

The GSAS Office of Student Affairs is responsible for the welfare of graduate students and monitors their academic status, progress, and discipline. The office also administers leave/travel applications and readmission applications.
HUHS Center for Wellness
114 Mount Auburn Street, 7th Floor
cw.uhs.harvard.edu
cw@huhs.harvard.edu
617-495-9629

The Center for Wellness is a University-wide resource that promotes the lifelong health and well-being of those in the Harvard community. Their approach is threefold and focuses on mind/body wellness. The Center for Wellness offers group classes and workshops, individual appointments for massage and acupuncture, and collaborates with a number of student groups and offices within the University in health promotion and education.

Dudley House Programs
dudley.harvard.edu

The Dudley House Public Service Fellows organize wellness events for GSAS students, including mindfulness classes and meditation sessions. Visit the Dudley House website events page for more information.

Caring for Elders

Many students are responsible for aging family members, who sometimes have chronic illnesses and need specialized support and services. Balancing a graduate career while navigating resources associated with elder care can be challenging. Below are services and resources that can support your efforts to ensure that your family members are safe.

Care.com
care.com

Care.com allows families to search for vet, connect with, and ultimately select caregivers in a low-cost, reliable and easy way. The site helps identify specialized help for adult and senior care, including companion care, personal care, and dementia and Alzheimer’s care. If you are looking for adult backup care, an assessment of care needs may need to be completed in advance.

Massachusetts Executive Office of Elder Affairs
mass.gov/elders

The Executive Office of Elder Affairs provides information designed to assist elders and their families with answers to questions about services and opportunities available to seniors and their caregivers in Massachusetts.
Through their website, you can access lists of services for the elderly, emergency information and resources, Massachusetts nursing home information, and other information designed to help elders and their families.

Nursing Home Care
medicare.gov/Pubs/pdf/02174.pdf

Through medicare.gov, the official US website for Medicare, you can download the Guide to Choosing a Nursing Home, which explains how to find, choose, and pay for a nursing home. It also provides alternatives to nursing home care and details the rights of residents.

Health Care and Insurance

Health Care Overview
Richard A. and Susan F. Smith Campus Center, 75 Mount Auburn Street, Cambridge 617-495-5711 huhs.harvard.edu

Harvard University Health Services (HUHS) provides comprehensive primary and specialty care for the Harvard community—students, faculty, staff, retirees, and their dependents.

Please note, a number of HUHS departments will relocate at different times throughout the year due to the Smith Campus Center construction project. Please visit huhs.harvard.edu for the most up-to-date hours and location information.

Clinic Locations
huhs.harvard.edu/locations-hours

Harvard Square Clinic (main location)
Smith Campus Center, 75 Mount Auburn Street 617-495-5711

Harvard Business School Clinic
Cumnock Hall, 33 Harvard Way 617-495-6455

Harvard Law School Clinic/After-Hours Urgent Care
Pound Hall, 1536 Massachusetts Avenue 617-495-4414
Longwood Medical Area Clinic  
Vanderbilt Hall, 275 Longwood Avenue  
617-432-1370

Harvard Dental Service  
114 Mount Auburn Street, 7th Floor  
617-495-2063

Medical Emergencies  
If you experience a life-threatening emergency, call 911.

Urgent Care  
huhs.harvard.edu/urgentcare  
617-495-5711

Urgent Care for non-routine, urgent medical or mental health concerns or symptoms is available 24 hours a day. Whenever possible, we encourage you to call first to obtain advice from your health care team or mental health provider.

Please note, Urgent Care will move to a different location for weekday evening/overnight and weekend/holiday hours due to the Smith Campus Center construction project. Please visit huhs.harvard.edu/urgentcare for the most up-to-date information.

Pediatric urgent care is also available. Please visit huhs.harvard.edu/pediatrics for more information.

Primary Care/Internal Medicine  
617-495-8414/617-495-2001,  
huhs.harvard.edu/services/primary-care-internal-medicine

Pediatrics  
617-661-5575, huhs.harvard.edu/pediatrics

The Harvard Vanguard Pediatrics practice at Harvard University Health Services is now accepting new patients and also accepts most major health insurance plans. Graduate students can bring their children to receive care at the Pediatrics practice, even if the child is enrolled in another insurance (i.e. non-Harvard University insurance). This also allows children to continue their pediatric care at this location regardless of the parent’s affiliation with Harvard (i.e. after parent’s graduation).

Patient Advocate  
617-495-7583, huhs.harvard.edu/about-us/patient-advocate
The Patient Advocate is available to assist students with any questions, comments, or concerns. All communications are confidential.

**Pharmacy**  
617-496-6661, huhs.harvard.edu/pharmacy  
Conveniently located at HUHS in the Smith Campus Center, the Pharmacy fills prescriptions written by HUHS clinicians and accepts a variety of prescription insurance plans. All members of the Harvard community can visit the Pharmacy to purchase over-the-counter products. Prescription refills may be picked up 24 hours a day/7 days a week at the ScriptCenter kiosk located in the 1st floor lobby.

**Dental Service**  
617-495-2063, huhs.harvard.edu/dental

**Mental Health**  
Individual and group counseling is available for a wide variety of concerns.

**Counseling and Mental Health Services (CAMHS)**  
617-495-2042, huhs.harvard.edu/camhs

**Behavioral Health**  
617-495-2323, huhs.harvard.edu/services/behavioral-health

**Health Promotion & Education**  
Richard A. and Susan F. Smith Campus Center, 6th floor, 75 Mount Auburn Street, Cambridge  
617-496-2053  
hpe.huhs.harvard.edu  
hpe@huhs.harvard.edu  
Health Promotion & Education fosters health and well-being by connecting members of the Harvard community with information, services, and resources that inspire healthy attitudes and behaviors. Health Promotion & Education oversees the extensive peer education network and works collaboratively with deans, directors, House administrators, and other groups from across the University on programming to promote wellness.

**Health Insurance Overview**  
Harvard University Student Health Program (HUSHP)  
HUHS in the Smith Campus Center, 1st Floor, 75 Mount Auburn Street, Cambridge  
617-495-2008, hushp.harvard.edu
GSAS students attending more than half-time are enrolled in the Harvard Student Health Program (HUSHP). Students enrolled in a comparable health insurance plan may be eligible to waive the Student Health Insurance Plan. Note: Waivers must be completed by the appropriate deadline or the charges will remain on the student bill. Waiver applications and deadlines are available online at hushp.harvard.edu/waive.

HUSHP for Student Dependents
hushp.harvard.edu/student-dependents
Dependents are eligible for enrollment in the Harvard University Student Health Program (HUSHP) when the student is participating in the program. Dependent enrollment and renewal are not automatic.

Open Enrollment Periods/Deadlines
Dependents (other than those with a life-changing event) must be enrolled by the following deadlines or penalty fees will apply:
- August 31 for fall term or full academic year (applications accepted starting June 1)
- February 28 for spring term (applications accepted starting December 1)

Note: Insurance is sold in fixed terms of six months of coverage (August 1 to January 31 and February 1 to July 31), unless there is a life-changing event.

Life-Changing Events
Dependents may be added outside of the open enrollment period due to a life-changing event. Once approved, the coverage and cost will be prorated to the day of the event. Documentation must be submitted to HUSHP confirming one of the events listed below:
- A dependent’s entry into the country
- Other health insurance coverage ending
- Marriage
- Birth of a child*, legal adoption, or legal guardianship

Note: In cases of life-changing events, the student has 45 days from the day of the event to enroll the dependent or penalty fees will apply.

*If you are enrolling a newborn, we recommend that the effective date of coverage be the child’s date of birth to avoid costly medical bills. This plan does not cover services rendered prior to the beginning date of the health insurance coverage.

Payment is by student bill only.