# Contents

**Welcome** 1  
**Resources for Student Spouses and Partners** 2  
Dudley House Events 2  
Education and English Lessons 2  
Harvard International Office 4  
Harvard Student Spouses and Partners Association 4  
Harvard Library 5  
Athletic Facilities 5  
Transportation—Shuttle Buses 6  
Thrive@Harvard 6  
**Resources for Students with Children** 7  
Parental Accommodation and Financial Support 7  
Adoption Resources 8  
Family Housing Options—Harvard University Housing 9  
Parent Organizations and Resources 10  
Lactation Support 12  
Child Care 13  
  General Resources 13  
  Child Care Centers—On Campus 14  
  Child Care Center—Off Campus 16  
  Occasional and Recurring Child Care 16  
Education 18  
  Finding and Choosing a School 19  
  Cambridge Public Schools 19  
  Boston Public Schools 19  
  Additional School Systems 20  
  Charter Schools 21  
  Massachusetts School Choice Program 21  
  Private Schools 21  
  Religiously-Affiliated Program Schools 21
Outside of School Programs 22
Find Early Education and Child Care Programs 22
After-School Programs in Cambridge 22
School Vacation Programs 23
Church School 26

Health and Wellness 27
Caring for Yourself 27
Office of Student Services 27
Office of Student Affairs 27
Caring for Elders 28
Health Care and Insurance 29
Health Care Overview 29
Health Insurance Overview 32
Welcome

Dear Student,

We are delighted that you and your family have joined the Graduate School of Arts and Sciences (GSAS) community. We at GSAS celebrate that students live rich personal lives while pursuing graduate studies at Harvard University, and we want to provide you with the information you need to be happy, healthy, and successful in your many roles. Resources for GSAS Families details the Harvard and local community resources available for spouses, children, and elder members of your family, including library privileges, the Parental Accommodation and Financial Support (PAFS) program, child care centers, health services, and many more. We wish you success in your studies and life in the Boston area and are here to support you throughout your time at Harvard.

Sincerely,

Garth McCavana, PhD ’90
Dean for Student Affairs, GSAS

Connect with the Office of Student Services
Dudley House/Lehman Hall, Room B-2, Cambridge
617-495-5005
gsas.harvard.edu/student-services
stuserv@fas.harvard.edu
Resources for Student Spouses and Partners

Dudley House Events

Dudley House/Lehman Hall
Harvard Yard, Cambridge
617-495-2255
dudley.harvard.edu
dudhouse@fas.harvard.edu

Dudley House is the student center for GSAS students and a small community of Harvard undergraduates. Dudley offers intellectual, social, and recreational opportunities planned by the Dudley Fellows (GSAS student leaders) for all students affiliated with Dudley House, and spouses and partners are welcome to attend certain events.

For information, contact the Dudley House office or visit their website to join the Dudley House mailing list.

Education and English Lessons

Harvard Extension School
51 Brattle Street, Cambridge
617-495-4024
extension.harvard.edu

Harvard Extension School is one of the 12 degree-granting schools at Harvard University. It is part of the Division of Continuing Education in the Faculty of Arts and Sciences, offering over 800 courses, 20-plus degree fields, and nearly 40 certificates for both undergraduates and graduate students. Courses are taught by Harvard faculty, university scholars, and experienced industry professionals. The flexible, part-time courses are held in the evenings in Harvard Yard or online, featuring video lectures or live web conferences. On average, tuition ranges from $1,700 to $2,750 for 4-credit courses, and degree-seeking students may apply for financial aid.
Harvard Summer School
51 Brattle Street, Cambridge
617-495-4024
summer.harvard.edu

Harvard Summer School, also part of the Division of Continuing Education, provides an exciting and enlightening environment for summer students, including adults, college students, and high school students. It offers over 400 courses in over 60 subjects, many of which are awarded Harvard College credit. Courses are taught by Harvard professors and visiting scholars on campus in Cambridge and abroad as part of the Study Abroad programs during the day, evening, and online. Tuition for a 4-credit course is $3,300.

Auditing or “Sitting in” on Courses at Harvard

Spouse or partners of Harvard affiliates may audit regular lecture courses at Harvard, i.e. attend lectures not as part of a degree course without receiving academic credit, at the discretion of the instructor. This privilege does not apply to small seminars or language courses and only if the course is available for noncredit. Please note that, unlike at other Harvard Schools, auditing courses at Harvard Extension School or Harvard Summer School comes with a fee.

Arrangements for auditing are very informal. Choose the course by first consulting the Harvard University course catalog at courses.harvard.edu and attending the first lecture. After the class is over, introduce yourself to the instructor, explain your status at Harvard and ask that you be allowed to audit the course.

Taking English Classes
hio.harvard.edu/sites/hio.harvard.edu/files/HIOFiles/Documents/Boston_Area_ESL_2014.pdf

The Harvard International Office (HIO) has compiled a partial list of Boston-area English as a Second Language (ESL) programs that can help families make educated decisions about choosing a program that best suits their needs. Classes are offered at local colleges and universities, at adult education centers, and through private tutoring programs.

Cambridge Center for Adult Education
42 Brattle Street, Cambridge
617-547-6789
ccae.org

The Cambridge Center for Adult Education (CCAE) is a self-supporting non-profit organization providing community members with the opportunity to explore their passions and interests in small groups with other adults from all walks of life. CCAE offers a broad variety of courses and workshops—from languages to dance
and from cooking to computers—in an affordable, social setting with a non-competitive atmosphere.

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**Harvard International Office**

Richard A. and Susan F. Smith Campus Center, Room 864, 1350 Massachusetts Avenue, Cambridge 617-495-2789  
hio.harvard.edu/harvard-spouse-resources

The Harvard International Office (HIO) offers services to international students and scholars at Harvard, including those enrolled at GSAS, and provides information relevant to the spouses, partners, and children that may accompany them. On the HIO website, you can access information about available Harvard resources, spouse groups to join, and child care and schooling options.

**Family Visas**

hio.harvard.edu/family-visas

Spouses and the unmarried children under 21 of Harvard students or scholars are eligible for dependent visa status. For more information, visit the Family Visa section of the HIO website.

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**Harvard Student Spouses and Partners Association**

Richard A. and Susan F Smith Campus Center, Room 860, 1350 Massachusetts Avenue, Cambridge  
hspla.harvard.edu, www.facebook.com/groups/HSSPA  
info@hsspa.harvard.edu

The Harvard Student Spouses and Partners Association (HSSPA) is a volunteer-run organization open to the spouses and partners of all Harvard students, postdocs, visiting fellows, and other affiliates. HSSPA is a way to make friends, find intellectual stimulation, and become a part of the Harvard Community. HSSPA welcomes spouses and partners of all Harvard affiliates regardless of their gender, race, age, nationality, and sexual orientation and has created a diverse group of spouses and partners that includes hundreds of people from all over the world. E-mail HSSPA to join and receive a weekly announcement about meetings.

*See page 10 for information about HSSPA playgroups.*
Harvard Library

Harvard Library Privileges Office
Widener Library, Room 130, Cambridge
617-495-4166
library_privileges@harvard.edu

Domestic partners and spouses of Harvard University ID card holders may apply for a Harvard College Library (HCL) Special Borrowers Card valid for up to one year. The HCL Special Borrowers Card allows borrowing, stacks browsing, and reading room privileges at select libraries.

To apply for an HCL Special Borrowers Card, your spouse or domestic partner must provide: a photo ID, a photocopy of the Harvard affiliate’s ID card, and $5. If your spouse or domestic partner and Harvard affiliate have different last names, proof of marriage or shared residence (i.e. a marriage certificate, lease with both names, etc.) must be provided.

Athletic Facilities

39 Holyoke Street, Cambridge
617-496-1585
recreation.gocrimson.com/recreation/membership/graduate

GSAS students can purchase family memberships to Harvard athletics facilities for spouses, qualified domestic partners, and children by visiting the Athletic Membership Office, located on the first floor of the Malkin Athletic Center (MAC). Memberships are available for the full year (June 1–May 31), academic year (September 1–May 31), summer (June 1–August 31), fall semester (September 1–January 15), and spring semester (January 16–May 31). See website for pricing.

This pass includes unlimited access to the MAC, Blodgett Pool, Hemenway Gymnasium, Quadrangle Recreational Athletic Center (QRAC), and the Murr Center Fitness Room. Extra fees apply for the use of squash and tennis courts, group exercise classes, towel service, and Blodgett/MAC locker rental. Guest passes can purchased at the front desk of each recreation facility, prices may vary by location.
Transportation—Shuttle Buses

transportation.harvard.edu

Harvard shuttle buses serve the Cambridge and Allston campuses. Students can view the Shuttle Tracker at m.harvard.edu/transit or harvard.transloc.com or through the free Harvard Mobile App. For schedules as well as information about the daytime and evening van services, visit transportation.harvard.edu/shuttle-van-services. The M2 Longwood Medical Shuttle takes students, faculty, and staff between Cambridge and Longwood Medical Area. Details are at masco.org/directions/m2-cambridge-harvard-shuttle, it can also be tracked on shuttle.harvard.edu.

Thrive@Harvard

Thrive@Harvard, an app for Harvard graduate students, features emergency contacts, health and wellness information, and other University resources available to students. It also contains useful information that students might want to access daily, such as lunch and dinner options at Dudley Café as well as academic and personal resources designed to support the graduate student journey.

Features include:

- **Campus Map**: Explore Harvard’s campuses with a map that includes University buildings
- **Events**: View GSAS events and add them to your calendar
- **Shuttle Tracker**: Access up to the minute information about shuttle schedules and delays
- **Food**: Review meal choices at Dudley House and at Longwood Medical Area cafés
- **Commencement Schedule**: Locations and times for all Commencement events

Thrive@Harvard is available for free download in the Apple App Store and Google Play. For more information, please e-mail the GSAS Office of Student Services at stuserv@fas.harvard.edu.
Resources for Students with Children

Parental Accommodation and Financial Support

Students enrolled in PhD programs at GSAS are eligible for Parental Accommodation and Financial Support (PAFS) following the birth or adoption of a child. Those interested in learning more about the program should contact Lisa Simpson, assistant director of financial aid at GSASFamily@fas.harvard.edu at least four months in advance of the anticipated birth or adoption event to discuss the options available.

- Students are expected to notify advisors and directors of graduate studies at least four months in advance of the anticipated birth or adoption of a child, so that appropriate arrangements can be made to cover any teaching or research responsibilities.

- Eligible students receive from GSAS a one-time payment equal to two-fifths teaching for 12 weeks. This funding is intended to help with the additional expenses associated with the arrival of a new child.

- During the accommodation period, students may request time off from their duties up to 12 weeks. Students remain enrolled full-time during this period: loan repayment schedules, eligibility for University housing, and student visa status, if applicable, remain unchanged.

- Students receive academic accommodation during this period, including relief from academic requirements, such as postponement of exams and course requirements.

- Students funded by government grants or other external sources are entitled to benefits as determined by the funding agency. Students should contact their funding agency for more details.

- Students who take advantage of the PAFS Program are eligible for a departmental G-year adjustment of one year.
Adoption Resources

Several resources exist for students interested in growing their families through adoption. Below is a selection of local and national organizations that can help provide information and support.

Massachusetts Adoption Resource Exchange
800-882-1176 or 617-964-MARE (6273)
mareinc.org

Robert F. Kennedy Children’s Action Corps—Adoption Community of New England
617-227-4183
rfkchildren.org/acone
acone@rfkchildren.org

National Adoption Center
1-800-TO-ADOPT
adopt.org
nac@adopt.org

The National Council for Adoption
703-299-6633
adoptioncouncil.org
ncfa@adoptioncouncil.org

North American Council on Adoptable Children
651-644-3036
nacac.org
info@nacac.org

Child Welfare Information Gateway
800-394-3366
childwelfare.gov
info@childwelfare.gov

Adoptive Families Magazine
800-372-3300
adoptivefamilies.com
Family Housing Options—Harvard University Housing

Richard A. and Susan F Smith Campus Center, Room 807
1350 Massachusetts Avenue, Cambridge
617-496-7827
huhousing.harvard.edu
uhousing@harvard.edu

Harvard University Housing (HUH) offers a broad range of housing and real estate services to the University’s graduate students, faculty, and employees. Applicants with one or more children who submit a Harvard University Housing application between March 1 and May 1 will receive preference in the HUH leasing lottery system, which is a self-service “View & Select” online leasing process. Applicants who apply between May 2 and February 28 can select available apartments from the currently available section. For more information on applying to Harvard University Housing please see huhousing.harvard.edu/apply.

Graduate Commons Program, Family Programming
617-496-5993
www.huhousing.harvard.edu/residents/graduate-commons-program
graduatecommons@harvard.edu

For those living in Harvard University Housing residences, the Graduate Commons Program provides year-round, family-friendly events for residents with children. These events range from story hours and sports clinics to apple picking trips, cultural celebrations, and holiday parties. The majority of these events are free of charge. To find out more about family events offered by Graduate Commons, please e-mail graduatecommons@harvard.edu.
Parent Organizations and Resources

**Harvard GSAS Student-Parents Organization**
gsas.harvard.edu/student-life/harvard-resources/harvard-gsas-student-parents-organization
www.facebook.com/groups/harvardstudentparents
student_parents@fas.harvard.edu
Co-chairs: David Romney, dromney@fas.harvard.edu
Blakely O’Connor, blakely@seas.harvard.edu

The Harvard GSAS Student-Parents Organization aims to enrich the academic experience and provide visibility and support for graduate student and postdoctoral fellow parents at GSAS. A robust support system for parents helps create a caring and nurturing environment for the entire Harvard community, encourages and makes possible a healthy work-life balance for student parents, and attracts a diverse, well-rounded, accomplished, and mature pool of graduate students. The group advocates for increased institutional and financial support for parents, provides a community for Harvard graduate parents, and organizes child-friendly, on-campus events.

The GSAS Student-Parents Organization also maintains a listserv that facilitates communication and organization among Harvard graduate student parents. Listserv members post helpful information, relevant questions, recommendations, items for sale, etc. Please visit lists.hcs.harvard.edu/mailman/listinfo/parentsgroup-list to subscribe.

**Harvard Students’ Spouses & Partners Association Playgroup**
hsspa.harvard.edu/playgroup
ptplaygroup@gmail.com

Harvard Students’ Spouses & Partners Association (HSSPA) Playgroup is a place for parents to chat, share experiences, and make friends.

**Cambridge location:**
hsspa.harvard.edu/playgroup
ptplaygroup@gmail.com

This group is open to parents with children 0-4 years old. Children must be accompanied by a parent or a guardian. HSSPA Playgroup meets at 29 Garden Street Common Room on Tuesdays and Peabody Terrace Common Room on Fridays from 10:00 a.m. to 11:30 a.m. Open to Harvard Affiliates. Annual fee is $15/family.
Longwood location:
hsppa.harvard.edu/playgroup
fenwayplaygroup@gmail.com

The Longwood playgroup takes place at Shattuck House on Thursdays from 10:00 a.m. to 11:00 a.m. Please reach out to Group Leader Ana at the e-mail above with any questions. No fee is required.

**Harvard COOP for Kids Story & Crafts (ages 7 & under)**
617-499-2000
store.thecoop.com/coop-kids

The Harvard COOP for Kids holds two story times during the week. On Tuesdays at 11:00 a.m., preschoolers are invited to hear a selection of engaging stories. New parents are encouraged to bring their babies along to join in the fun: It’s a great spot to meet other parents and make new friends. On Saturdays at 11:00 a.m., children under 7 can participate in the story and craft hour. Stories and crafts often tie in with seasonal themes. Refreshments (cookies and juice) are offered at both story times.

Harvard COOP for Kids events are held on the lower level of the Harvard Square Book Building and are free and open to the public.

**Baby University (ages 3 & under)**
51 Inman Street, Cambridge
617-349-7706
cambridgema.gov/DHSP/programsforfamilies/babyuniversity

Baby University is an innovative program designed for parents with children pre-natal to age 3. This program aims to: increase parents’ knowledge on a variety of child-rearing topics; strengthen parent-child relationships; break parental isolation; and connect parents to beneficial community resources. This 16-week program offers 10 weeks of workshops followed by 5 weeks of playgroups. Parents are supported with 6-8 home visits. Key parenting messages are reinforced throughout the 16 weeks of the program.

**Early Intervention Parent Leadership Project**
877-353-4757
eiplp.org
eiplo@yahoo.com

The Early Intervention Parent Leadership Project (EIPLP) works to ensure that all families have access to information and opportunities they need to navigate through
early intervention and beyond. The EIPLP supports families to develop their leadership skills. This is achieved through family engagement, sharing information and fostering connections throughout the Massachusetts Early Intervention System.

**Places to change a diaper in Cambridge/Harvard Square**

- Ladies’ restroom in basement of Boylston Hall
- Ladies’ restroom in basement of the Memorial Church
- Ladies’ restroom in basement of Dudley House/Lehman Hall
- Ladies’ restroom in Harkness Commons (Harvard Law School cafeteria)
- Ladies’ (2nd floor) and men’s (3rd floor) restrooms in Longfellow Hall, Harvard Graduate School of Education
- Restrooms in Harvard University Health Services (HUHS), 75 Mount Auburn Street, Cambridge
- Cambridge public libraries all have changing tables in their children’s sections (the children’s section of the main library, 449 Broadway, is on the 3rd floor)
- Men’s and ladies’ restrooms on first floor of the Richard A. and Susan F. Smith Campus Center
- Restroom in basement of Harvard COOP (ask clerk for key)

*hsspa.harvard.edu/files/hsspa/files/stuff_for_kids_1.pdf*

**Lactation Support**

*[hlc.harvard.edu/lactation-rooms]*

*[hlc.worklife@harvard.edu]*

Harvard recognizes the importance and benefits of breastfeeding for mothers and their infants and maintains more than 20 lactation rooms throughout campus. Any Harvard-affiliated nursing mother (faculty, staff, student, breastfeeding spouse or partner) may register to use lactation rooms, which are also called mothers’ rooms. For an up-to-date list of lactation room locations, please visit *[hr.harvard.edu/parental-lactation-support]*.
Child Care

As a parent or guardian, finding quality child care is an important undertaking. Harvard University is committed to providing students and other affiliates with access to a wide array of child care options. Many organizations in the Cambridge-Boston area also exist to provide child care support. Below is a selection of resources designed to help you make an informed decision that is best for your family.

GENERAL RESOURCES

Office of Work/Life
114 Mount Auburn Street, 4th Floor, Cambridge
617-495-4100
hr.harvard.edu/worklife
worklife@harvard.edu

The Office of Work/Life connects students with Harvard community resources and general information about child care, summer camps, after-school programs, and elementary schools.

Work/Life@Harvard Longwood
90 Smith Street, Suite 143, Roxbury
617-432-1048
Susanna Katsman, HLC Work/Life Program Manager
hlc.harvard.edu/home/worklife
worklife.hlc@harvard.edu

The Office of Work/Life on Harvard University Longwood Campus provides information and referrals on self care, child care, adult care and elder care. Visit their website at hlc.harvard.edu/home/worklife/homeandfamily for more details.

WATCH (Web Access to Care at Harvard)
watch.harvard.edu

The WATCH portal connects student parents with providers of long- and short-term child care, including occasional babysitting.
Cambridge Center for Families
70 Rindge Avenue, c/o Peabody School, Cambridge
617-349-6385
cambridgema.gov/DHSP/programsforfamilies/centerforfamilies.aspx

Cambridge Center for Families offers families with children from birth to 8-years-old parenting education, support programs, and fun family events throughout the city.

Cambridge Public Libraries
Main Branch: 449 Broadway, Cambridge
617-349-4040
cambridgema.gov/cpl.aspx

The network of public libraries in Cambridge makes it easy to access vast resources and services. The Cambridge libraries offer programs designed for children, such as baby lapsits, story times, sing-alongs (in English, Spanish, and Portuguese), film viewings, after school crafts, and LEGO® playtimes. For details, visit their website at www.cambridgema.gov/cpl/Kids.

Early Childhood Resource Center
449 Broadway, Cambridge
617-349-4038
cambridgema.gov/cpl/Services/earlychildhoodresourcecenter1.aspx

The Early Childhood Resource Center (ECRC) is designed especially for parents, child care providers, and anyone who works with young children. Resource books, activity guides, DVDs, children’s books, and Kids on the Block puppets are available for borrowing at no charge. The ECRC is brought to you by the Cambridge Public Library and the Massachusetts Department of Early Education and Care. For more information, please call the Main Library Children’s Room at 617-349-4038 or Children’s Services at 617-349-4409, or visit the ECRC website.

CHILD CARE CENTERS—ON CAMPUS

Contact Information and Rates:
hr.harvard.edu/finding-child-care
hr.harvard.edu/files/humanresources/files/ratecard.pdf
Map: hr.harvard.edu/files/humanresources/files/mapofcenters.pdf

Six nonprofit, independent child care centers are located on the Harvard campus. If you are interested in enrolling a child at a center, be sure to visit and apply as soon as possible, since places are limited. Contracts generally run from September through July, although mid-year slots open occasionally.
Botanic Gardens Children’s Center  
26 Robinson Street, Cambridge  
617-496-0595  
botanic-gardens.org  
bgccdirector@gmail.com  
Director: Maura Sullivan

Harvard Yard Child Care Center  
25 Francis Avenue, Cambridge  
617-547-3432  
hyccc.org  
hycccdirector@gmail.com  
Director: Paula Jarausch

Oxford Street Daycare Cooperative  
25 Francis Avenue, Cambridge  
617-547-3175  
oxfordstcoop.org  
directors@oxfordstcoop.org  
Director: Kate Campbell

Peabody Terrace Children’s Center  
900 Memorial Drive, Cambridge  
617-496-9160  
childhood-ptcc.org  
ptcc@fas.harvard.edu  
Director: Debbie Tomsho

Radcliffe Child Care Centers, Inc.  
10 DeWolfe Street, Cambridge  
617-495-3504  
radcliffechildcarecenters.org  
rccc@fas.harvard.edu

Soldiers Field Park Children’s Center  
1 Soldiers Field Park, Box 101, Boston  
617-495-2680  
sfpchildrenscenter.org  
sfpcce@fas.harvard.edu  
Director: Melissa Chieppo  
Assistant Director: Debra Foster
CHILD CARE CENTERS—OFF CAMPUS

Many child care centers are located throughout the Cambridge-Boston area. The resources below can help you search for the proper care that best suits your family’s needs.

Massachusetts Early Education & Child Care Programs

Child Care Circuit
190 Hampshire Street, Lawrence
978-686-4288
cildcarecircuit.org

The nonprofit Child Care Circuit provides referrals, training, and parent and provider services in Massachusetts and nationwide, serving several towns near Harvard that include Arlington, Belmont, Medford, Newton, and Watertown.

Child Care Choices of Boston
105 Chauncy Street, 2nd Floor, Boston
617-542-5437
childcarechoicesofboston.org

Find child care centers in the greater Boston area.

OCCASIONAL AND RECURRING CHILD CARE

For parents or guardians looking for other forms of child care, including babysitters and nannies, soliciting referrals from colleagues and friends can help you identify qualified caregivers. You can also become an active member of WATCH (page 15), where you can obtain referrals from other parents. The Harvard International Office (page 4) and other campus offices post ads from babysitters on their bulletin boards, and you can join cooperative babysitting pools if you are living in a student housing area. Several online resources also exist to help you access quality child care opportunities.
Care.com
care.com
gsas.harvard.edu/care

Care.com allows families to search for, vet, connect with, and ultimately select caregivers in a low-cost, reliable and easy way. The site helps parents identify babysitters, nannies, child care centers, family day care, camps, tutors, and special needs providers. GSAS provides PhD students with free access to a Care.com membership, subsidized in-home child care, and subsidized backup care at child care centers. GSAS students enrolled in this benefit pay $5/hour co-pay by credit card for in-home child care, $10 per child per day at child care centers.

American Nanny Company
617-244-5154
americannannycompany.com
info@americannannycompany.com

For parents who prefer in-home care, Harvard has a preferred vendor agreement with the American Nanny Company to provide nanny placement services.

Harvard Student Employment Office
86 Brattle Street, Cambridge
617-495-2585
seo.harvard.edu
seoweb@fas.harvard.edu

Harvard’s Student Employment Office maintains a list of students interested in babysitting.

Career Resource Center at Lesley University
Doble Hall, 30 Mellen Street, 4th Floor, Cambridge
617-349-8550
myinterfase.com/lesley/employer/home.aspx
crcjobs@lesley.edu

The Career Resource Center at Lesley University posts information on students interested in babysitting. Families register as employers and provide information such as name, address, and description. It is helpful to include home location distance to Lesley, whether your home is accessible to the public transportation system (the “T”), if your child has needs, if the caregiver will need a car, and any other details specific to your family. To register and post a job, visit myinterfase.com/lesley/employer/home.aspx.
Education

hio.harvard.edu/childcare-schooling

The Harvard International Office (HIO) has collected enrollment information for children in nursery, public, and private schools that is relevant to all GSAS students, regardless of country of origin.

Day Care and Preschool Programs
hio.harvard.edu/childcare-schooling

Nursery schools, also called preschools, provide early education for children aged two years and nine months to five-years-old. While some programs run for three hours each morning, variations exist among individual schools. Some include younger children, others provide two, three, or five-day enrollment options, and may offer extended afternoon schedules. Fees vary accordingly. Cooperative nursery schools may involve parents in day-to-day operations. All schools are licensed by the Commonwealth of Massachusetts and must meet building and health codes in the area where they are located. Nursery schools are often part of child care centers. See pages 16-17 for details on Harvard-affiliated centers and resources to find local nursery schools.

Public Elementary and Secondary Schools
hio.harvard.edu/childcare-schooling

All cities and towns in Massachusetts are required to provide public education starting with kindergarten, and each city and town has its own public school system for children aged 4 or 5 to 18 (check age of kindergarten enrollment by location at www.doe.mass.edu/kindergarten/entry.aspx). By law, these schools are free for those who live in the community and that city or town is obliged to enroll your child in its school system, regardless of your nationality, the timing of your arrival, or the length of your stay. Depending on the city or town, the school year begins in late August or early September and continues through June. You must contact the local school department to inquire about the enrollment procedure. To register a child in school, parents will likely need proof of the child’s age (either a birth certificate or passport), current immunization records, and proof of local residency. These public schools are funded in large part by their own communities and are typically governed by local committees. Due to this local authority, there can be significant differences among school systems.
FINDING AND CHOOSING A SCHOOL

hr.harvard.edu/schools-and-after-school-programs
hio.harvard.edu/childcare-schooling

The Office of Work/Life and the Harvard International Office have put together lists of area public schools. When making this important decision, consider the school’s educational approach, age of admittance, class size, teacher-student ratios, parent participation requirements, special-needs program, bilingual programs, and deadline for applications and registration.

Massachusetts Department of Elementary & Secondary Education
75 Pleasant Street, Malden
781-338-3000
www.doe.mass.edu

CAMBRIDGE PUBLIC SCHOOLS

Student Registration Center
Cambridge Rindge and Latin School
459 Broadway, First Floor, Cambridge
617-349-6551
fax: 617-349-6552
welcome@cpsd.us, cpsd.us/departments/src

Visit the Student Registration Center website for details about registration, transfers, and waitlists for Cambridge public schools.

The Cambridge public elementary school enrollment policy is not based on geographic location. It is designed to achieve a diversity of children in each school by balancing economic, racial, and ethnic backgrounds. Families indicate at least three choices of elementary schools when registering their children and are accepted at a chosen school if space is available. Twelve elementary schools serve children from kindergarten through grade 5, four upper schools comprise grades 6 through grade 8, and one high school goes from grade 9 through grade 12.

BOSTON PUBLIC SCHOOLS

2300 Washington Street, Roxbury
617-635-9000
cityofboston.gov/residents/Education bostonpublicschools.org

The Boston Public Schools use a home-based school assignment plan for students in kindergarten through grade 8. This plan helps students attend quality schools, closer to home. High schools are citywide options for all students.
ADDITIONAL SCHOOL SYSTEMS

Other cities and towns have their own enrollment criteria, which can be accessed through their public school websites.

Arlington
781-316-3000
arlington.k12.ma.us

Belmont
617-993-5400
belmont.k12.ma.us/bps

Brookline
617-730-2401
brookline.k12.ma.us

Lexington
781-861-2580
lps.lexingtonma.org

Medford
781-393-2101
medfordpublicschools.org

Newton
617-559-6000
newton.k12.ma.us

Somerville
617-629-5200
somerville.k12.ma.us

Waltham
781-314-5400
walthampublicschools.org

Waltham Parent Information Center (PIC)
781-314-5524
walthampublicschools.org/parents/student-registration/contact-parent-information-center

Watertown
617-926-7700
watertown.k12.ma.us

Winchester
781-721-7000
winchester.k12.ma.us/pages/Winchester_Public_Schools
CHARTER SCHOOLS
profiles.doe.mass.edu
Established by parents, teachers, or corporate or non-profit organizations, charter schools are designed to serve as centers of innovative and educational leadership. They are financially and administratively independent from any school district and are free and accessible to all school-age children on a space-available basis. Visit www.masscharterschools.org to learn more about how to evaluate and select a school for your child.

MASSACHUSETTS SCHOOL CHOICE PROGRAM
www.doe.mass.edu/finance/schoolchoice
The Massachusetts School Choice Program allows parents to send their children to schools in communities other than the city or town in which they reside. Tuition is paid by the sending district to the receiving district. Districts may elect not to enroll school choice students if no space is available.

PRIVATE SCHOOLS
Many private primary and secondary schools are located in the Cambridge/ Boston area. These schools develop their own mission and curriculum.

Applications are usually submitted in the winter preceding fall enrollment, but space may be available at any given time. Tuition may range from $5,000 to $15,000 per year, and financial aid is often available.

Association of Independent Schools of New England
2 Granite Avenue, Suite 450, Milton
781-843-8440
aisne.org
info@aisne.org
Find an independent school that best fits your family’s values and the educational needs of your children.

RELIGIOUSLY-AFFILIATED PRIVATE SCHOOLS
privateschoolreview.com/state_religious_affi/stateid/MA
Over 300 religiously-affiliated private schools operate in Massachusetts, with several located near Harvard. The Private School Review provides tools that enable you to search by religious affiliation, providing further instructions on how to evaluate these educational institutions.
Outside of School Programs

After-School Programs
Many public schools and community organizations offer after-school programs. If you would like your child to attend a program based at her or his school, be sure to request information about this option at enrollment as spaces can be limited.

FIND EARLY EDUCATION AND CHILD CARE PROGRAMS
www.eec.state.ma.us/ChildCareSearch/EarlyEduMap.aspx

AFTER-SCHOOL PROGRAMS IN CAMBRIDGE
.cambridgema.gov/DHSP/ProgramsForKidsAndYouth/Afterschool.aspx
Enrollment Coordinator: Chandra Green, 617-349-6254
Cambridge’s Department of Human Service Programs offers programs that run from the end of the school day until 5:55 p.m. They are also open during school vacation weeks and snow days. Visit the website to learn more about the programs, find out how to enroll, and download the after-school waitlist enrollment form.

Cambridge Public Library
449 Broadway, Cambridge
617-349-4040
Main Branch, cambridgema.gov/cpl.aspx
Main Library Children’s Room, cambridgema.gov/cpl/Kids.aspx
The Teen Room, cambridgema.gov/cpl/Teens.aspx
Each branch of the Cambridge Public Library offers something special for kids including engaging regular programs, outstanding children's books and materials, and a professional children's librarian eager to help children, families, and teachers. The main branch offers activities and book groups for school-aged kids and maintains the Teen Room, a space reserved for those aged 12 to 18 and their guests. Find out more about the events and services available on the Cambridge Public Library website.
East End House
105 Spring Street, Cambridge
617-876-4444
eastendhouse.org/programs-and-services

East End House offers innovative programming for the Cambridge community, including after-school programs for elementary- and middle school-aged children.

SCHOOL VACATION PROGRAMS
Several options exist to help you find child care during school vacation weeks and the summer months. Harvard and other institutions also offer weeklong and longer summer camp opportunities.

GENERAL CAMP INFORMATION

Cambridge Summer Resource Guide
cambridgema.gov/DHSP/programsforkidsandyouth/copyofsummercamps
The City of Cambridge Department of Human Service Programs offers summer camps and programs at various community schools and youth centers throughout the city, designed to provide children with new social opportunities, creative projects, educational and recreational field trips, and sporting activities in a safe, nurturing environment. The DHSP Summer Program Guide and other program details can be found at cambridgema.gov/~/media/Files/DHSP/Documents/SummerRG.pdf.

Boston Navigator
bostonnavigator.org
Boston Navigator is a searchable database of over 1,500 opportunities and programs for young people in Boston outside of school hours. Browse programs, locate opportunities near you, and rate their quality through their website.

American Camp Association
find.acacamps.org
The American Camp Association (ACA) is dedicated to ensuring the quality of camp programs. ACA accredits over 2,400 camps that must meet up to 300 standards for health, safety, and program quality. Visit the ACA website to search accredited camps by geography or interest area and access camp-related resources and information.
SELECTED OPPORTUNITIES AT HARVARD

**Harvard Museum of Natural History**
26 Oxford Street, Cambridge
617-495-2341
hmnh.harvard.edu
hmnh.harvard.edu/calendar/upcoming/programs-audience/summer-science-weeks

The Harvard Museum of Natural History offers half-day science programs in the summer and select public school vacation weeks. Saturday classes are offered year-round for children and families. These hands-on learning opportunities for elementary and middle school aged children are taught by the museum's professional educators. Online preregistration is required.

**Harvard Athletics Facilities**
gocrimson.com/information/camps

Harvard coaches and their associates operate several privately-owned youth camps and clinics on the Harvard campus. Programs in nearly every sport are offered.

**GREATER BOSTON AREA**

**Drumlin Farm Wildlife Sanctuary**
208 South Great Road, Lincoln
781-259-2200
massaudubon.org/get-outdoors/wildlife-sanctuaries/drumlin-farm
massaudubon.org/get-outdoors/wildlife-sanctuaries/drumlin-farm/summer-camp

Massachusetts Audubon's Drumlin Farm is a working farm and wildlife sanctuary located within a short driving distance of Cambridge and Boston. The Drumlin Farm Summer Day Camp helps children develop an appreciation of nature, focusing on community, interdependence, and conservation. The camp is licensed by the state of Massachusetts and accredited by the American Camp Association.
Massachusetts College of Art and Design (MassArt)
621 Huntington Avenue, Boston
617-879-7000
massart.edu/Continuing_Education/Youth_Programs.html

The Massachusetts College of Art and Design (MassArt) is the nation’s first independent public college of art and design. MassArt believes in the importance of a quality arts education beginning with elementary school and offers affordable, diverse programs for students in grades 3 through 12 during the academic year and over the summer.

New Art Center in Newton
61 Washington Park, Newtonville
617-964-3424
newartcenter.org/index.php/art-education/vacation-programs

The New Art Center supports the development of visual artists and cultivates a community that appreciates art through hundreds of classes and workshops serving over 2,500 students. The center offers vacation programs for children and teens that provide students with the opportunity to try a variety of art mediums and develop new skills in a fun, safe, and supportive environment.

New School of Music
25 Lowell Street, Cambridge
617-492-8105
newschoolofmusic.org/vacation-programs/summer-vacation
info@newschoolofmusic.org

The New School of Music is a nonprofit community music school offering instruction at all levels from newborns through adults. The school runs many summer programs for children aged 6 to 14. Registration is required.

OTHER SCHOOL VACATION PROGRAMS
Many other school vacation programs exist in the Cambridge/Boston area. Below is a selection of local opportunities.

Arlington Children’s Theater
115 Massachusetts Avenue, Arlington
781-316-8090
act.arlington.ma.us
info@act.arlington.ma.us
Arlington Center for the Arts
20 Academy Street, Arlington
781-648-6220
acarts.org

Boston University School Vacation Program
915 Commonwealth Avenue, Boston
bu.edu/fitrec/family-programs/terrier-vacation-program

Brookline Center for the Arts
86 Monmouth Street, Brookline
617-566-5715
brooklineartscenter.com

Mass Audubon
781-259-9500
massaudubon.org/learn/ecokids/vacation-week-programs

Museum of Fine Arts Boston
Avenue of the Arts, 465 Huntington Avenue, Boston
617-267-9300
mfa.org/programs/kids-and-family-programs

CHURCH SCHOOL

Church School for Children at the Memorial Church
The Memorial Church of Harvard University
1 Harvard Yard, Cambridge
617-495-5508
memorialchurch@harvard.edu

Church School at the Memorial Church provides a Christian community and guided learning to nurture the faith formation of children and young people ages 3 through 12th grade. Harvard students work closely with staff to facilitate enriching lessons each week and to organize family events. Church School meets on Sunday mornings throughout the academic year. For more information and to register, please visit the Memorial Church website at memorialchurch.harvard.edu/church-school-children.
Health and Wellness

Caring for Yourself

Being a parent or guardian can be an intense experience, with everyday family tasks often taking time away from basic individual needs. In order to have the energy to care for your family, you need to make sure that you are also taking care of yourself. GSAS offices are here to help connect you to the best resources, no matter what the issue.

GSAS Office of Student Services
B-2 Dudley House/Lehman Hall, 1 Harvard Yard, Cambridge
617-495-5005
gsas.harvard.edu/student-life/harvard-resources/gsas-student-services
Jacqueline Yun, Director of Student Services
stuserv@fas.harvard.edu

In her role as director of student services, Jacqueline (Jackie) Yun is the go-to person for GSAS students. Jackie assists students who are having academic or personal difficulty, and she helps students navigate and connect with GSAS, Harvard, and community resources. Jackie serves in an advisory role, provides ongoing support, and makes referrals to other sources of assistance as necessary. In emergency situations, Jackie receives notifications and reaches out to offer support and assistance to students. The Office of Student Services advises the Graduate Student Council (GSC), oversees graduate student groups (GSGs), and supports student leaders in GSAS. The Office is also responsible for various aspects of GSAS Orientation, International Student Orientation, and other community events. Whatever the issue, the Office of Student Services is a great place to start.

GSAS Office of Student Affairs
1350 Massachusetts Avenue, Richard A. and Susan F. Smith Campus Center Suite 350, Cambridge
617-495-1816
gsas.harvard.edu/current_students/current_students.php

The GSAS Office of Student Affairs is responsible for the welfare of graduate students and monitors their academic status, progress, and discipline. The office also administers leave/travel applications and readmission applications. The assistant director of student affairs also serves as a Title IX coordinator for GSAS and is available to anyone who might have questions or concerns regarding gender-based discrimination or sexual harassment.
Center for Wellness and Health Promotion
75 Mount Auburn Street
Richard A. and Susan F. Smith Campus Center, Cambridge
617-495-9629
wellness@huhs.harvard.edu
cw@huhs.harvard.edu

Center for Wellness and Health Promotion (CWHP) works to cultivate a happy, healthy, and engaged Harvard community through education and the promotion of holistic health. Students can participate in a wide range of activities, including workshops that highlight activities to enhance wellbeing, massage and acupuncture services, yoga, meditation, pilates, and other exercise group classes. CWHP can also help connect students to the many resources and people at Harvard who can help students make healthy lifestyle choices in order to thrive while at Harvard and beyond.

Dudley House Programs
dudley.harvard.edu/events

The Dudley House Public Service Fellows organize wellness events for GSAS students, including mindfulness classes and meditation sessions. Visit the Dudley House website events page for more information.

Caring for Elders

Many students are responsible for aging family members, who sometimes have chronic illnesses and need specialized support and services. Balancing a graduate career while navigating resources associated with elder care can be challenging. Below are services and resources that can support your efforts to ensure that your family members are safe.

Care.com
care.com
gsas.harvard.edu/care

Care.com allows families to search for vet, connect with, and ultimately select caregivers in a low-cost, reliable and easy way. The site helps identify specialized help for adult and senior care, including companion care, personal care, and dementia and Alzheimer’s care. If you are looking for adult backup care, an assessment of care needs may need to be completed in advance. GSAS provides PhD students with free access to a Care.com membership and subsidized backup adult care. GSAS students enrolled in this benefit pay $5/hour co-pay by credit card for in-home adult care.
Massachusetts Executive Office of Elder Affairs
mass.gov/elders

The Executive Office of Elder Affairs provides information designed to assist elders and their families with answers to questions about services and opportunities available to seniors and their caregivers in Massachusetts.

Through their website, you can access lists of services for the elderly, emergency information and resources, Massachusetts nursing home information, and other information designed to help elders and their families.

Nursing Home Care
www.medicare.gov/what-medicare-covers/part-a/choose-nursing-home.html

Through medicare.gov, the official US website for Medicare, you can access information on choosing a nursing home, which explains how to find, choose, and pay for a nursing home. It also provides alternatives to nursing home care and details the rights of residents.

Health Care and Insurance

HEALTH CARE OVERVIEW

Harvard University Health Services (HUHS)
Richard A. and Susan F. Smith Campus Center, 75 Mount Auburn Street, Cambridge
617-495-5711
huhs.harvard.edu

HUHS provides comprehensive primary and specialty care for the Harvard community—students, faculty, staff, retirees, and their dependents. Primary care and mental health services are also available at the satellite clinics located on the Harvard Business School, Harvard Law School, and Longwood Medical Area campuses.

Clinic Locations
huhs.harvard.edu/locations-hours

Harvard Square Clinic (main location) / After-Hours Urgent Care
Smith Campus Center, 75 Mount Auburn Street
617-495-5711
Harvard Business School Clinic
Cumnock Hall, 33 Harvard Way
617-495-6455

Longwood Medical Area Clinic
Vanderbilt Hall, 275 Longwood Avenue
617-432-1370

Harvard Dental Service
114 Mount Auburn Street, 7th Floor
617-495-2063

Medical Emergencies
If you experience a life-threatening emergency, call 911.

Urgent Care
huhs.harvard.edu/urgentcare
617-495-5711

Students who visit Urgent Care will receive advice and treatment for urgent health problems, both physical and emotional, that require prompt attention but are not life-threatening emergencies, 24 hours a day.

Students can also schedule same-day, non-routine medical appointments and initial phone assessments for Counseling and Mental Health Services online through the Patient Portal at huhs.harvard.edu/patient-portal. Whenever possible, we encourage you to call first to obtain advice from your health care team or mental health.

Pediatric urgent care is also available. Please visit huhs.harvard.edu/pediatrics for more information.

Primary Care/Internal Medicine
617-495-8414/617-495-2001
huhs.harvard.edu/services/primary-care-internal-medicine

Pediatrics
617-661-5575
huhs.harvard.edu/pediatrics

The Harvard Vanguard Pediatrics practice at Harvard University Health Services is accepting new patients and also accepts most major health insurance plans. Graduate students can bring their children to receive care at the Pediatrics practice, even if the child is enrolled in another insurance (i.e. non-Harvard University insurance). This also allows children to continue their pediatric care at this location regardless of the parent’s affiliation with Harvard (i.e. after parent’s graduation).
Patient Advocate  
75 Mount Auburn Street, 1st Floor, Cambridge  
Mallory Finne, 617-495-7583  
huhs.harvard.edu/about-us/patient-advocate  
patadvoc@huhs.harvard.edu

The HUHS Patient Advocate is available to help you navigate the health care system and explore choices for your medical care, as well as:

- Resolve or mediate problems
- Discuss financial assistance options
- Coordinate special needs arrangements

All feedback is confidential and may be submitted to the suggestion boxes in the clinic. Please provide contact information if you would like a response. We welcome positive comments and recommendations for improvements.

HUHS Care Coordination  
617-495-3271  
huhs.harvard.edu/services/primary-care-internal-medicine  
carecoordination@huhs.harvard.edu

Alyssa Hajjar-Betters, LICSW, 617-496-5472  
Christine Magatao, RN, 617-495-5938  
Cheri Smith, LICSW, 617-495-7872

If you and your family are experiencing acute illnesses and recovery, the Care Coordination team will help assess your medical and psychosocial needs and facilitate access to appropriate levels of care and services. The team will ensure that you receive the best and most appropriate services and care within your defined insurance benefits.

Pharmacy  
617-496-6661  
huhs.harvard.edu/pharmacy

Conveniently located at HUHS in the Smith Campus Center, the Pharmacy fills prescriptions written by HUHS clinicians and accepts a variety of prescription insurance plans. All members of the Harvard community can visit the Pharmacy to purchase discounted over-the-counter products. Prescription refills and discounted over-the-counter products may be picked up 24 hours a day/7 days a week at the ScriptCenter kiosk located in the HUHS 1st floor lobby.
Harvard Dental Service
617-495-2063
huhs.harvard.edu/dental

The Harvard Dental Service offers a full range of dental services for the entire Harvard community, including family members. Harvard Dental Service accepts Delta Dental and Blue Cross Blue Shield Dental insurance plans.

Counseling and Mental Health Services
617-495-2042
huhs.harvard.edu/camhs

Counseling and Mental Health Services (CAMHS) is a counseling and mental health support service that works collaboratively with students and the University to support individuals experiencing some measure of distress in their lives, including:

- Bereavement
- Transitional issues and adjustment difficulties
- Depression, anxiety, or stress
- Concerns interfering with work or relationships
- Sexual concerns
- High-risk behaviors around food, alcohol, and/or other substances

Treatment options include individual counseling, medication management, group therapy, peer counseling, and workshops. All visits are confidential and mental health records are held separately from the rest of the medical record, except for information on medications and hospitalizations. Counseling and mental health services are also offered at satellite health clinics on the Harvard Business School, Harvard Law School, and Longwood Medical Area campuses.

HEALTH INSURANCE OVERVIEW

Harvard University Student Health Program
HUHS in the Smith Campus Center, 1st Floor
75 Mount Auburn Street, Cambridge
617-495-2008
hushp.harvard.edu

GSAS students attending more than half-time are enrolled in the Harvard Student Health Program (HUSHP). Students enrolled in a comparable health insurance plan may be eligible to waive the Student Health Insurance Plan. Waivers must be completed by the appropriate deadline or the charges will remain on the student bill. Waiver applications and deadlines are available at hushp.harvard.edu/waive.
HUSHP for Student Dependents  
hushp.harvard.edu/student-dependents

Dependents are eligible for enrollment in HUSHP when the student is participating in the program. Dependent enrollment and renewal are not automatic.

Open Enrollment Periods/Deadlines
Dependents (other than those with a life-changing event) must be enrolled by the following deadlines or penalty fees will apply:

- August 31 for fall term or full academic year (applications accepted starting June 1)
- February 28 for spring term (applications accepted starting December 1)

Insurance is sold in fixed terms of six months of coverage (August 1 to January 31 and February 1 to July 31), unless there is a life-changing event.

Life-Changing Events
Dependents may be added outside of the open enrollment period due to a life-changing event. Once approved, the coverage and cost will be pro-rated to the day of the event. Documentation must be submitted to HUSHP confirming one of the events listed below:

- A dependent’s entry into the country
- Ending other health insurance coverage
- Marriage
- Birth of a child*, legal adoption, or legal guardianship

In cases of life-changing events, the student has 45 days from the day of the event to enroll the dependent or penalty fees will apply.

*If you are enrolling a newborn, we recommend that the effective date of coverage be the child’s date of birth to avoid costly medical bills. This plan does not cover services rendered prior to the beginning date of the health insurance coverage.

Payment is made through student accounts only.

Massachusetts State Health Insurance
The state of Massachusetts also has health insurance resources for students who are state residents.
**Massachusetts Health Connector**  
1-877-MA-ENROLL (1-877-623-6765)  
mahealthconnector.optum.com/individual

The Massachusetts Health Connector is a state-based health insurance marketplace that makes shopping for affordable health and dental coverage easier for Massachusetts individuals, families, and small businesses. It offers plans from the state’s leading insurers that have been awarded the state’s seal of approval, so you can be sure the plan you choose meets both state and national coverage standards.

**MassHealth, Children’s Health Insurance Program**  
1-877 MA ENROLL (1-877-623-6765)  
www.mass.gov/topics/masshealth

In Massachusetts, Medicaid and the Children’s Health Insurance Program (CHIP) are combined into one program called MassHealth. MassHealth members may be able to get doctor’s visits, prescription drugs, hospital stays, and many other important services. CHIP provides no-cost or low-cost health coverage for eligible children in Massachusetts. The program provides health coverage for children so that they can get routine check-ups, immunizations and dental care to keep them healthy.