# Doing Your P.A.R.T.

# How to Respond to Disclosures of Sexual Harassment and Sexual Misconduct

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Information for Teaching Fellows and Research Assistants



HARVARD Kenneth C. Griffin graduate school of arts and sciences

# Your Role

In your role as a teaching fellow, research assistant, or other Harvard employee, you may receive disclosures from someone regarding potential sexual harassment or other sexual misconduct. If the disclosure is a potential violation of the Interim Title IX Sexual Harassment or Other Sexual Misconduct Policies, you must contact a Title IX Resource Coordinator. You are responsible for doing this because it is important that those seeking your assistance are fully informed of their options and resources. In addition, Title IX Resource Coordinators need this information to identify and address patterns of sexual harassment, other misconduct, and discrimination.

When you speak to a student, you can explain how the University Title IX Coordinator and FAS Title IX Resource Coordinators ensure that students have access to resources, and understand the policies and available options. You can also share that reaching out to the Title IX Resource Coordinators is not the same as filing a complaint. It does not automatically launch an investigation, and students are not obligated to share any information if they don't want to.

Title IX Resource Coordinators:

- Discuss and, when appropriate, implement supportive measures. Supportive measures help community members continue with their education, research, and participation in all aspects of University life at Harvard. Supportive measures may include restrictions on contact, course-schedule alteration, and increased monitoring of certain areas of campus.
- Explain the Interim Title IX Sexual Harassment and Other Misconduct Policies and Procedures, including how to file a formal complaint or request an informal resolution.
- Discuss options, including University and community-based support services.

Sometimes a student may want help addressing a problematic situation on their own before it rises to the level of a formal complaint. Title IX Resource Coordinators are available to suggest strategies and techniques for confronting and stopping harassing language and behavior in a way that feels right to the student.

While Title IX Resource Coordinators handle information with utmost sensitivity, maintaining as much privacy as possible, they may need to share information with those who have a need to know.

## Do Your P.A.R.T.

When a student comes to you with a possible disclosure, it is important that you approach the conversation by doing your P.A.R.T.

#### Privacy

If possible, delicately remind the student that you are not a confidential resource before they disclose information to you. Reinforce that you are concerned for their well-being and want to provide assistance, and that their privacy is still a priority. However, you wouldn't want them to share something with the expectation of confidentiality. Should they wish to maintain confidentiality, direct them to appropriate resources, such as SHARE (see Sexual Harassment Resources).

#### Appreciate

This is a vital moment. It may be the first time the student is telling someone about this issue. You may want to use language that supports the student while avoiding judgment:

"Thank you for telling me that, I appreciate you sharing something so difficult."

"The University takes this seriously, and so do I."

"I'm sorry you're going through this."

#### Responsibility

Share your responsibility to consult with a Title IX Resource Coordinator: "I am going to let the Title IX Resource Coordinator know we talked, so we can make sure you have access to resources and understand the options available to you. This doesn't mean you're filing a complaint. It doesn't launch an investigation, and you are not obligated to share any information if you don't want to. If you'd prefer, I can talk to the Title IX Resource Coordinator for you or with you."

#### Tell a Title IX Resource Coordinator

Agree on a plan to connect with a Title IX Resource Coordinator. If they're interested, help them connect to SHARE or other resources as well. Ask if they want you to follow up with them later and if so, how they would like you to contact them. Respect their privacy; do not share other's experiences with anyone except a Title IX Resource Coordinator without their permission.

## **Frequently Asked Questions**

#### What if my best friend tells me something in confidence?

If someone approaches you in your capacity as a close personal friend, and not in your capacity as a representative of the University, the FAS may not require you to tell a Title IX Resource Coordinator. If you are unsure if you have a responsibility to report, contact a Title IX Resource Coordinator to discuss the issue.

#### How do I know if something violates our policies?

If you think that something might potentially constitute a violation, contact a Title IX Resource Coordinator to discuss the issue. You do not need to identify the parties involved during the initial conversation, as you and the Title IX Resource Coordinator work together to determine whether the situation warrants notification.

# Why would someone want to make a disclosure to a confidential resource?

- If they need medical advocacy or legal accompaniment.
- If they are unsure about how to classify what happened or what steps they want to take.
- If they know they do not want to make a formal report but are in need of support.

#### What are some best practices?

- Focus on their feelings and concerns instead of the details of what happened.
- Offer choices, but don't push them to make a decision.
- Use their words, allowing them to define their own experience.
- Avoid "why" questions that could be misinterpreted as judgments about behavior.
- Only make promises you can keep.
- If you don't know the answer, it's best to say, "I'm not sure, let me find out."
- It's okay to say, "This isn't something I'm good at, but there are people at Harvard who are."

### Sexual Harassment & Other Misconduct Resources

#### **Confidential University Resources**

SEXUAL HARASSMENT/ASSAULT RESOURCES & EDUCATION (SHARE)

24-hour Hotline: 617-495-9100; Office: 617-496-5636; oge.harvard.edu/share

COUNSELING AND MENTAL HEALTH SERVICES Urgent 24-hour: 617-495-5711; camhs.huhs.harvard.edu

HARVARD UNIVERSITY CHAPLAINS 617- 879-8365; chaplains.harvard.edu

#### UNIVERSITY OMBUDSMAN OFFICE

617-495-7748; harvardombuds.harvard.edu

LONGWOOD OMBUDSMAN OFFICE 617-432-4041; harvardombuds.harvard.edu/longwood

HARVARD COLLEGE OFFICE OF BGLTQ STUDENT LIFE (FOR COLLEGE STUDENTS) 617-496-5716; bgltq.fas.harvard.edu

#### **Other University Resources**

OFFICE FOR GENDER EQUITY 617-496-0200; oge.harvard.edu

OFFICE FOR DISPUTE RESOLUTION (ODR) 617-495-3786; odr.harvard.edu

HARVARD UNIVERSITY POLICE DEPARTMENT URGENT Cambridge: 617-495-1212; Longwood: 617-432-1212; hupd.harvard.edu

#### **Community Resources**

**BOSTON AREA RAPE CRISIS CENTER (BARCC)** 800-841-8371; barcc.org

FENWAY HEALTH (BGLTQ-FOCUSED SERVICES) 617-267-0900; fenwayhealth.org

#### Harvard Griffin GSAS Title IX Resource Coordinator

gsas.harvard.edu/student-life/harvard-resources/title-ix-office

Seth Avakian Program Director for Nondiscrimination and Professional Conduct avakian@fas.harvard.edu, 617-495-9583 University Hall 408

Stephanie Clendenin Program Officer for Nondiscrimination and Professional Conduct clendenin@fas.harvard.edu, 617-384-0610 University Hall 414A

Katie Mulroy Director of Student Services katie\_mulroy@fas.harvard.edu, 617-495-5005 Lehman Hall, B-2

#### Harvard College Title IX Resource Coordinators

titleix.college.harvard.edu collegetitleix@fas.harvard.edu

Reisha Williams Program Officer for Title IX and Sexual Misconduct & Title IX Resource Coordinator 617-496-3336 University Hall | Garden Level, Suite 021

Lindsey Ciolfi Assistant Director of College Title IX 617-496-1225 University Hall | Garden Level, Suite 021